
Megha Basnet

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Personal Summary

I can complete all of my allocated tasks as a self-motivated nursing assistant with little oversight. As a true professional, I will always treat my residents with compassion, dignity, and respect because I have a thorough understanding of basic nursing processes. I can easily attend to the daily demands of those under my supervision because I am in excellent physical and mental health. In settings including health clinics, hospitals, and residential homes, I have experience caring for the elderly, the adult population, and children. At the moment, I'm searching for a position that fits me well, preferably with a company that values giving its citizens the best healthcare possible and giving its employees the greatest working environment possible.

Skills

- Strong Skills in following verbal and written directions.
- Sound ability to lift patients and objects weigh easily.
- Ability to work as a member of a team.
- Honest, reliable, hardworking, and compassionate.
- Be aware of cultural values.
- Sound proficiency in identifying behaviours of older people in order to assist them in functioning in a better manner within the facility.
- Ability to carry out repetitive and boring duties in an enthusiastic manner.
- Being accurate in pressure.
- Always in a positive state of mind.

Work Experience

Placement Ageing and Disability Care,

The Sisters of our lady of China (Peakhurst lodge), Sydney, NSW (18th December 2023- 10th January 2024).

- Maintained schedule of class assignments to meet deadlines.
- Worked with cross-functional teams to achieve goals.
- Completed day-to-day duties accurately and efficiently.
- Collaborate with cross-functional team to define features and build powerful and easy-to-use products and customer-facing workflow tools.
- Maintained open communication with team members and stakeholders, resulting in successful project outcomes.

Registered Nurse,

Lamjung Model Hospital PVT.LTD., Lamjung, Nepal (12th April 2022- 13th October 2022).

- Evaluated patients, recognized, and addressed complications and coordinated treatment with other members of critical care team.

- Updated charts throughout shifts with current, accurate information to maintain strict recordkeeping standards.
- Counselling patients and caregivers, providing emotional, psychological, and spiritual support.
- Ensured compliance with standards of professional practice as well as state and federal regulations related to health care delivery services.
- Monitored vital signs, administered injections, and updated supervising physicians with medical procedures.

Healthy Choice Clinic, Kathmandu Nepal (30th November 2020- 8th April 2022).

- Assisted physicians during examination or surgical procedures.
- Maintained a safe environment for all patients by adhering to infection control policies and procedures.
- Responded to emergency situations with speed, expertise, and level-headed approaches to provide optimal care, support, and life-saving interventions.
- Assessed patient needs, prioritized treatment, maintained patient flows and assisted physicians with non-invasive procedures.
- Collaborated with health groups to plan or implement programs designed to improve overall health of communities.
- Utilized critical thinking skills to assess clinical situations quickly and accurately.
- Documented patient progress notes accurately and efficiently in the electronic medical record system.

Education

Bachelor of Community Services
Stott's College, Australia, NSW
(Present)

Diploma of Nursing
Kathmandu Nursing Campus, Kathmandu, Nepal.
Pass out year-2019.

Certifications

- Certificate III in individual Support (Ageing and Disability).
- Certificate of First aid and CPR.
- Current National Police Check Certificate.

References

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