

# Sharone Roselin Ponnammalla

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## PROFILE

While in India, I worked as a registered nurse and since leaving there, I have worked as a health care assistant (in New Zealand) and in aged care facilities (in Australia). I am self-motivated, easy going and friendly.

I am looking for a full-time role as a Carer or Assistant in Nursing (AIN) that allows me to use my extensive experience in the healthcare industry. I have overseas qualifications in Nursing and Midwifery and have completed a Certificate III in Individual Support. My work rights are unrestricted in Australia and available to start immediately.

## KEY SKILLS AND QUALITIES

- Experienced in aged care, hospital and domestic settings
- Good attention to detail
- Follows directions well
- Hardworking and reliable
- Quick learner
- Fluent in English, Hindi and Telugu

## KEY EMPLOYMENT EXPERIENCE

### Carer

Oct 2023 - Dec 2023

#### Anglicare Aged Care, Rooty Hill

*Anglicare provides residential aged care services across Sydney and the Illawarra*

Key responsibilities:

- Assisted residents with daily living including feeding, dressing, showering, toileting and personal care
- Interacted with residents and contributed to their emotional well-being
- Ensured care standards were upheld by following procedures
- Contributed to development of care plans and documented information as required

### General Services Officer

Feb 2022 - Nov 2023

#### Opal HealthCare, Quakers Hill Care Community

*Opal HealthCare provides residential aged care services in care communities, located in metro and regional areas in New South Wales, Victoria, Queensland, and Western Australia*

Key responsibilities:

- Setup cleaning trolley and check all materials are in good supply
- Reviewed cleaning tasks for the day on iPad and record as completed
- Performed wet and dry-cleaning work in bathrooms, residents rooms, corridors, dining rooms, outdoor areas, and nurses station including windows and floors
- Collected and removed rubbish and changed bin liners
- Talked with residents and assisted with requests for help
- Kept resident rooms neat and tidy
- Managed resident safety while cleaning was taking place

**Cleaner (Domestic – multiple homes)**

Mar 2019 - Mar 2021

## Key responsibilities:

- Performed general cleaning duties including washing, laundry and cooking
- Vacuumed carpets, curtains and furniture
- Maintained a high standard of cleanliness
- Removed rubbish and recyclable material

**Registered Nurse and Nursing Unit Manager**

Jan 2007 - July 2018

**Golden Jubilee Hospital, Port Trust****Visakhapatnam, India**

## Key responsibilities:

- Provided nursing in surgical, gynecological and medical wards as well as in Outpatients
- Administered medication administration and feed patients
- Segregated bio-medical waste
- Bathed patients and provided continence hygiene
- Dusted and provided other cleaning to ensure cleanliness around the patient

**Health Care Assistant**

Sept 2006 - Jan 2007

**Nightingale Nursing and Home Care****Auckland, New Zealand**

## Key responsibilities:

- Attend to personal care-toileting, showering, personal grooming
- Provide in home support for people with aged care packages
- Provide postoperative patient care

**EDUCATION AND TRAINING**

Certificate III in Individual Support

2023

Capital Careers, Parramatta

Nursing and Midwifery Diploma

1983

School of Nursing

King George Hospital, Visakhapatnam, Andhra Pradesh, India

High School Diploma

1978

Zilla Parishath High School

Narsipatnam, India

**REFERENCES**

Available on request.