# YUWANA KARKI

# **PROFESSIONAL SUMMARY** As an enthusiastic and motivated Nursing Assistant, I am committed to the delivery of person-centered nursing care and holistic health and well-being of patients, and a strong commitment to continuing professional development. A confident communicator, I have a demonstrated capacity to work effectively within a multidisciplinary team, as well as build strong therapeutic partnerships with clients.

#### SKILLS

- Cert III in Aged care
- Current NDIS Workers Screening
- Dementia and Support
- Customer service and care
- Care and handling techniques
- Behavioral health services
- Interpersonal communication.
- Flexibility of rosters.
- Plans of care initiation.
- Medication administration

### WORK HISTORY

# ASSISTANT IN NURSING THOMPSON NURSING CARE MEDITECH NURSING AGENCY

# CURRENTLY WORKING ARCARE NURSING HOME (MOLLYMOOK)

- Assisting residents with daily ADLS, shower toileting and necessary Assistance.
- Performing clinical observation and recording medical charts.
- Necessary documentation of progress and related hospital documentation in consultation with Registered Nurse.
- Providing assistance to COVID care wards.
- Consulted with RN to assess cases and enhance care.

• Worked in hospitals and residential aged cares and provided support in patient's needs.

# EXPERIENCE

- Provided assistance in daily living activities by dressing, grooming, bathing, and toileting patients.
- Transported patients daily via wheelchair to and from rehabilitation and daily activities.
- Assisted disabled clients in any way necessary to facilitate independence and well-being.
- Monitored progress and documented any patient health status changes, keeping healthcare team updated.
- Experience in manual handling, infection control and safe methods of workplace safety protocols and policies.
- Experience in handling Dementia residents.
- Developed rapport to create safe and trusting environment for care.
- Assisted clients with daily living needs, including bathing and personal grooming, to maintain self-esteem and general wellness.
- Maintained clean personal areas and prepared healthy meals to support client nutritional needs.
- Maintained clean, safe and well-organized patient environment.
- Consulted with RN to assess cases and enhance care.
- Kept household areas clean and well-stocked, ran errands, managed laundry and completed weekly grocery shopping.
- Kept patients mentally alert by entertaining, conversing and reading aloud to patients.

## EDUCATION

CERTIFICATE III IN AGE CARE DIPLOMA IN BUSINESS DIPLOMA IN COMMUNITY SERVICE

### CERTIFICATIONS

Hand Hygiene and Infection Control. Certificate of First AID Certificate, CPR and First aid certified. Manual handling. Fire and safety. Working with Children check NDIS Covid 19 Training

#### **A**FFILIATIONS

Dedicated and energetic assistant nurse seeking an opportunity to contribute to positive patient outcomes in a supportive and caring aged care environment. Strong clinical skills, a caring and patient nature, excellent communication and organization, and a desire to continue learning and developing. Able to confidently relate to patients of different cultures and backgrounds.

#### REFERENCES

Seonyeong kim (preffered name SONYA) (RN) 0432620299

Rosemary (preferred name ROSE) (AIN) 0414997538

Aryan Pandit (AIN) 0421282221