

SEEMA SHERPA

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PROFESSIONAL SUMMARY

A self-motivated certified 'Nursing Assistant' who can accomplish all her assigned responsibilities with minimal supervision. Have extensive knowledge of basic nursing procedures and as a true professional will always demonstrate compassion, dignity and respect when looking after patients and residents. In good physical and mental condition and is more than able to take care of the day to day needs of residents. Have both experience of looking after patients and aged people of diverse locations in residential homes for more than one year. Right now, I am looking for a suitable position with a company that is committed to provide the best healthcare for its patients or residents and best working environment for its employees.

SKILLS

- Committed team player supporting
- CPR/First Aid certified
- Transporting patients • Adaptable
- Efficient and reliable team player
- Dementia and Alzheimer's knowledge
- Trustworthy companion
- Supporting personal needs
- Computer Knowledge and Skill
- Documentation (Progress note, Daily report, ACEFI
- Responding to emergencies
- Feeding assistance expert
- Patient-focused care
- Observing responses
- Compassionate caregiver
- Companionship and emotional support

WORK HISTORY

October 2020- December 2021

- Staff Nurse in emergency department, HAMS Hospital, kathmandu, Nepal

7th February 2022 to 25th February

-Placement (120 hrs), ST Patricks Greens, Kogarah,NSW

DUTIES AND RESPONSIBILITIES

- Documentation (Progress note, Daily report, ACEFI supporting)
- Assisted residents with bathing, oral hygiene, grooming, feeding and elimination
- Turned and positioned resident to maintain comfort and minimize problems.
- Maintained accurate records of resident care, condition, progress and concerns.
- Answered resident calls for care and feeding.
- Responded appropriately to the physical, emotional and developmental needs of residents.
- Helped residents move in and out of beds, baths, wheelchairs and automobiles.
- Helped residents programming goals and increase their independence.
- Documents objective data and routine aspects of resident care.
- Maintained a clean, healthy and safe environment.
- Assisted resident with ambulation and crutch walking.
- Investigated and reported issues relating to resident's care or conditions that might hinder patient well-being.

EDUCATION

2019 Completed Diploma of Nursing From Kathmadu Nursing Campus, Kathmandu, Nepal

2022 Completed Certificate III in individual support (Ageing & support) from Sydney, Australia

AVAILABILITY AND WORKING RIGHTS

Seven days Availability

Flexible to work a variety of shifts- morning, afternoon and night shifts, weekend and public holidays.
Full working rights in Australia

REFERENCES

Muna Maharjan, Registered Nurse, St Patrick's Green, Kogarah, NSW Email: Munaamaharjan@gmail.com

0449793312

Apsara KC (care co-ordinator), St Patrick's Green, Kogarah, NSW Email: Apsarakc1987@gmail.com

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PUJAN SHRESTHA (Assistance In Nursing) St Patrick's Green, Kogarah, NSW

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