



SAPANA SIMKHADA SAPKOTA

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0404142901

21 Stratton road oran park

Profile

I am self-dependent and hardworking person with positive attitude. I have willingness to learn new skills. I am reliable and enthusiastic person who always strives for total efficiency with high standards. I am punctual, honest and flexible. I enjoy teamwork and can also work very well individually. - Looking for a challenging growth orient position in a progressive company.

- A company where I can use my knowledge and skills effectively to improve the operation in contribute to the organization success.
- To improve or increase productivity in a wok place.
- Supportive team environment.
- Long term development opportunity.
- Passion in helping people in my local community.
- Enhance quality of life for resident and families.

Experience::--

- Terry hills Nursing Home since August 2014- 2019
- Opal aged care (Bankstown) 2019-2020
- Estia health (Camden) 2020
- Carrington care (camden) 2020-still working

Education::--

Proficiency Certificate Level in nursing for 3 years
Certificate III in Aged Care

Skills::–

- Effective communication skills.
- Highly skilled in carrying out nursing plans in accordance to instructions
- In depth knowledge of providing residents with both physical and mental stimulation
- Hands on experience in providing short term care and associate transition
- Thorough understanding of problems related to aged residents in terms of attitude and patience .
- Working knowledge of medical terminology.
- Providing confidentiality, dignity and privacy to residents at all times.

References

--Jenny Jones (director of nursing Terry hills)

contact::0407107138

–Alina poudel (registered nurse opal aged care)

Contact :: 0424138458