

## **Sanjita Lama**

Leppington, 2179 NSW

0491606343

[Sanzeetataamang74@gmail.com](mailto:Sanzeetataamang74@gmail.com)

### **Objective:**

Compassionate and highly skilled Aged care professional with a certificate IV in Ageing support and extensive experience in medication administration. Dedicated to providing exceptional care and support elderly individuals, ensuring their well-being and promoting their quality of life.

### **Qualifications:**

- Aged care Certificate IV with a focus on medication administration and health care support.
- Demonstration expertise in administering medications according to prescribed treatment plans.
- In-depth knowledge of medication safety protocols and documentation practices.
- Strong understanding of the aging process, common health conditions, and effective care strategies.
- Excellent communication skills with the ability to establish support with patients and their families.
- Compassionate and patient-centered approach, ensuring individuals needs and preferences are met.

### **Work Experience:**

- Customer Service at Siderno Pasticceria-Narellan Town center.
- Crew Member at McDonald's Oran Park.
- Assisting residents with daily activities, such as bathing, dressing, and meal preparation.
- Monitored and administered medication as prescribed by healthcare professional.
- Engage residents in social and recreational activities for mental and emotional health.
- Maintaining accurate records of care and reporting significant changes in resident's conditions to the nursing staff.
- Collaborate with healthcare professional and family member with proper communication.

### **Education:**

- Aged Care Certificate IV with Medication
- Bachelor of Information Technology(present)

### **Key Skills:**

- Experienced in organizing and maintaining medication schedules, ensuring proper storage and disposal of medications.
- Provide compassionate and supportive care to elderly individuals, assisting with activities of daily living, monitoring vital signs, and promoting overall well-being.
- Effectively communicate with patients, their families, and healthcare professionals to ensure accurate information exchange and collaborative care.

- Honest, sincere, Hardworking, polite, and dedicated.
- Capable of handling patients.
- Working within scope of practice.
- Perform own duty of care.

**Reference:**

RN. Ramita Lama

0448639209