

Samiksha Dahal

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Objective

Dedicated and empathetic aged care professional with over two years of experience, including one year full-time, in delivering exceptional support to elderly residents. Skilled in addressing the physical and emotional needs of seniors while ensuring their well-being and dignity.

Experience

Specialised Dementia Carer

HammondCare

2022 – Present

- Assist residents with daily activities, including bathing, dressing, grooming, and meal preparation.
- Administer medications according to prescribed schedules and document accurately.
- Provide companionship and engage residents in social and recreational activities to enhance their well-being.
- Monitor and report any changes in residents' physical or emotional conditions to the nursing state.
- Collaborate with interdisciplinary teams to ensure holistic care plans for each resident.
- Maintain a clean and organized living environment for residents.

Work History Across Branches

1. **HammondCare Scone** (December 2022 – January 2024) – Full-time
2. **HammondCare Darlinghurst** (January 2024 –Present) – Casual

Education

- Bachelor of Nursing, *Purbanchal University, Nepal*
- Currently enrolled in Certificate III in Individual Support, *Key 2 Learning College*
- First Aid Training, *CBD College*

Skills

- Excellent interpersonal and communication skills
- Empathetic and patient-centered care approach
- Proficient in assisting with daily activities and personal care
- Medication administration and documentation
- Strong observation and reporting abilities
- Team player with the ability to collaborate effectively
- Knowledgeable about safety protocols and emergency procedures.