

ROMIT SHAH

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WITH EXPERIENCE IN THE DISABILITY SUPPORT SECTOR, I AM A COMPASSIONATE AND DEDICATED PROFESSIONAL COMMITTED TO ENHANCING THE QUALITY OF LIFE FOR INDIVIDUALS WITH DISABILITIES. MY EXPERTISE LIES IN PROVIDING PERSONALIZED CARE, PROMOTING INDEPENDENCE, AND FOSTERING A SUPPORTIVE ENVIRONMENT THAT RESPECTS THE DIGNITY AND RIGHTS OF EVERY INDIVIDUAL. I HAVE A STRONG BACKGROUND IN ASSISTING WITH DAILY LIVING ACTIVITIES, DEVELOPING INDIVIDUALIZED CARE PLANS, AND EMPLOYING ADAPTIVE STRATEGIES TO MEET CLIENTS' UNIQUE NEEDS. I AM DEDICATED TO CONTINUOUS LEARNING AND PROFESSIONAL DEVELOPMENT TO PROVIDE THE BEST POSSIBLE CARE.

EDUCATION

2009 AD – LEARNING REALM INTERNATIONAL SCHOOL, KATHMANDU, NEPAL DISTINCTION

2012 AD – TRINITY INTERNATIONAL COLLEGE, KATHMANDU, NEPAL, FIRST DIVISION

CERTIFICATE:

CERTIFICATE III IN INDIVIDUAL SUPPORT (AGEING/ DISABILITY)

FIRST AID

CPR

PERSONAL STRENGTHS

- Leadership
- Honesty, trustworthy
- Punctual
- Self-motivated
- Enthusiastic and cooperative nature, fostering a positive and supportive work environment.
- Observant and attentive.
- Excellent customer service.
- Super coordination skills and multitasking.
- Computer proficiency, including advanced skills in MS Word, MS Excel, and PowerPoint, enhancing efficiency in administrative tasks.
- Cordial and hospitable.

EXPERIENCES

April 2024 to current: Disability Support Worker

Forward Ability Support

Roles and Responsibilities:

- Assist the client with performing basic tasks such as eating, showering, dressing, and toileting.
- Monitoring the client's physical and mental health by doing routine checks, such as administering prescriptions, measuring blood pressure, and assisting with personal cleanliness.
- Providing a safe environment for the client by monitoring their surroundings for potential dangers such as fire hazards and tripping hazards.
- Providing assistance and support to the client in their homes so they can live independently.
- Assisting clients with tasks of daily living, including cooking, cleaning, shopping, managing finances, etc.
- Providing a diverse range of social activities such as arts & crafts, games, and outings for

clients who can't go outside.

- Giving emotional and social support.
- Identifying needs and developing plans for improving the quality of life for those suffering from disabilities or mental health issues.
- Assist in the application of anti-thromboembolic stockings.
- Report all patient observations to the appropriate person.

LANGUAGES

Nepali Mother tongue

English Advanced reading, writing, speaking, and listening.

COMPUTER SKILLS

Software Microsoft Word, PowerPoint, Excel

REFERENCES:

Priyanka Shrestha, Designation: Medicator, Ph:0410177696, Email: Priyanka.stha54@gmail.com

Puspalata Shrestha, Designation: Disability Support Worker, Ph no. +61 421733751, Email: puspa5193@gmail.com

Shubhanu Bhat, Designation: Disability Support Worker, Ph no. +61 0450827268, Email: shubhanubhatt@gmail.com

Certification: I hereby affirm that the information provided above is accurate and honest to the best of my knowledge and belief. I am prepared to provide evidence to substantiate all the details if required.

Sincerely,
Romit Shah