

# Samikshya Sitoula

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Hornsby 2077, NSW

## Summary

A compassionate and dedicated Health Care Assistant experienced in providing excellent patient care possessing strong communication skills, a positive attitude, and an interest in helping others. Comfortable working in a fast-paced environment and able to adapt to changing situations. Passionate about providing high-quality care to patients with a range of needs. I am an enthusiastic, trustworthy, and self-directed individual with extensive skills and experience. I tackle every task and challenge with a committed and responsible attitude.

## Certificates:

- ❖ Certificate IV in Ageing Support (Ageing/Disability)
- ❖ National Police Check certificate
- ❖ First Aid and CPR Certificate
- ❖ NDIS Worker Screening Check
- ❖ Working with Children Check

## Professional skills

- Strong organizational and time-management ability.
- Ability to work successfully with others on collaborative projects.
- Can communicate fluently in English and Hindi.
- Productive worker with a solid work ethic to exert optimal effort in completing tasks.
- Organized and effective communicator with the ability to learn quickly and develop expertise to produce efficient contributions to the organization.
- Excellent in Microsoft Word, Excel, PowerPoint, and Outlook environments.
- Honest, sincere, hardworking, polite and dedicated.
- Capable of handling dementia patients.
- Performs own duty of care.

Experiences

Experiences:

- 1. **Support Worker**  
*Company:* Ablepoint Australia  
*Duration:* 28/05/2024 – 10/01/2025
- 2. **Support Worker**  
*Company:* Caring Approach PTY. LTD.  
*Duration:* 25/11/2024 – Present
- 3. **Personal Care Worker**  
*Company:* UPA Aged Care Solution  
*Duration:* 19/12/2024 – Present

Responsibilities:

- Worked with dementia and disability patients and assisted with medication administration.
- Experienced in bowel care, medication management, and PEG feeding.
- Provided personal care, including showering, feeding, and assisting residents with dementia in daily activities.
- Monitored residents’ health and well-being, ensuring timely reporting.
- Engaged residents in social and recreational activities to promote mental and emotional well-being.
- Provided domestic assistance.

Education:

Bachelor of Information and Communication Technology	Western Sydney University (WSU), Sydney	2024-present
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Reference upon Request:

Prativa Dhakal (RegisteredNurse)  
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