

RESUME

Mamata Aryal

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Commitments Strength

I am self-motivated, active, and dedicated in my career to provide personal and physical care. I do believe that I could make a significant contribution and tackle greater challenges. I use initiatives to perform my work and do everything by my heart. My determination to the job in hand and enthusiasm for new roles has enabled me to explore various opportunities, which allow me to utilize my skills and capabilities. I can make my profession more enjoyable and constructive too.

Career Objectives ·

- To seek the challenging position where I can utilize my quantitative as well as qualitative, analytical, and learning capabilities to the optimum for the synergic development of the organization and myself.
- Gain practical experience while applying theoretical knowledge.
- Become more knowledgeable about nursing practices and learn career related skills.

Professional Education

Advance college of Health Burwood,

Australia

Experience

Assistant in nursing in an aged care in 2023

Duties/Responsibilities

- Efficient record keeping promotes better communication as well as continuity, consistency, and efficiency reinforcing professionalism within the hospital environment
- Monitor patient outcomes, collaboratively working with multidisciplinary team.
- Providing supportive care
- Follow the infection control procedures
- working effectively with culturally diverse clients and colleagues
- supporting the Patients to meet emotional and psychological need

Social Activities

- Worked as volunteer during Earthquake in Nepal for local charity: Distributed foods and clothes to the earthquake victims of different places.
- Making people aware about the safety and security measures to be followed during earthquake
- Raised funds and clothes from different local communities to help the earthquake victims especially from remote areas.
- Participated in different health campaign in rural area of Nepal conducted by PashupatiNath Old Aged Home and NGOs

Professional skills

Highly organized and dedicated, with a positive attitude.

- Strong motivational and leadership skills
- Ability to work Individual as well as in Team
- An impressive work ethic, reliable, dependable, and conscious of duties and responsibility
- Ability to communicate crucial information to a multidisciplinary team.
- Coordinate patient care and educate patients and families
- Care plan formulation

Other

-Full time working right in Australia

- 7 days available to work

Reference

Khusbu Chaudhary

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