

Bipika Paudel

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Objective

Compassionate and committed Aged Care Worker with a year of experience delivering high-quality care and assistance to senior citizens. Seeking to contribute to your company, with an emphasis on improving the quality of life for seniors via personalised care and attention.

Summary of Qualifications

- Experienced in aiding with daily living tasks such as bathing, clothing, and grooming.
- Skilled in monitoring vital signs and managing medications.
- Proficient in developing and executing personalised care plans.
- Excellent communication and interpersonal abilities.
- Excellent ability to establish relationship with residents and their family.
- Knowledgeable about health and safety standards and best practices.

Professional Experience

Aged Care Worker

- Provide personal care and support to residents, ensuring their comfort and dignity.
- Assist with mobility, transfers, and positioning to promote independence and safety.
- Monitor residents' health and report any changes to healthcare professionals.
- Administer medications according to prescribed schedules and document all activities.
- Develop and maintain positive relationships with residents and their families.
- Organize and participate in recreational activities to promote mental and physical well-being.

- **Education**

+12(SLC) Tilottama Secondary School

Passing year= 2023

GPA=3.48

Western sydney university

Bachelor of business

Skills

- Personal Care Assistance
- Medication Administration
- Health Monitoring
- Mobility Support
- Emergency Response
- Patient Documentation
- Communication Skills
- Empathy and Compassion
- Team Collaboration

References

References upon request