

## **Rekha Thapa**

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### **Objectives**

Motivated and compassionate nursing student currently undertaking a Bachelor of Nursing at Australian Catholic University. Seeking an Assistant in Nursing (AIN) position to apply my growing clinical knowledge, patient care skills, and prior healthcare experience. Committed to providing safe, respectful, and high-quality care while supporting nursing teams in delivering holistic, person-centred services.

### **Education**

#### **2023- Current Bachelor of Nursing**

Australian Catholic University, North Sydney, NSW

Expected completion, Dec 2025

#### **2022-2023 Foundation studies**

Australian Catholic University, North Sydney, NSW

#### **2016 – 2019 PCL Nursing Graduate**

Sindhu Sadabahr Nursing College, Nepal

### **Clinical Placement**

#### **Upcoming Placement**

**Prince of Wales Private Hospital** – Operating Theatre

*2 June – 27 June 2025 (160 hours)*

#### **Past placement**

**Sutherland Hospital** – Mental Health Unit

*14 October – 8 November 2024 (160 hours)*

**St George Hospital** – Medical Ward

*24 June – 19 July 2024 (160 hours)*

**Summit Care** – Aged Care Facility

*20 November – 1 December 2023 (80 hours)*

## **Employment and volunteer experience**

### **Disability Support Worker Jan 2022 ~ Present**

- Provide person-centred support for clients with physical and intellectual disabilities
- Assist with daily living activities including toileting, showering, dressing, and transfers (including use of hoists)
- Support with medication prompting, and feeding
- Maintain client dignity, independence, and comfort
- Collaborate with allied health professionals during physiotherapy routines

### **Primary Health Care Centre, Balephi [Staff Nurse]**

29/03/2020 ~ 8/05/2021

- Delivered primary care services in a rural health setting
- Conducted antenatal check-ups, immunizations, and assisted in deliveries
- Monitored vital signs and documented health records
- Administered basic wound care and provided emergency first aid

### **Samaj Kalayaan Kendra Old age home, Pashupati [Volunteer]**

4/09/2019 ~ 13/10/2019

- Assisted elderly residents with feeding, hygiene, mobility, and medication support
- Supported physiotherapy exercises and promoted general wellbeing
- Fostered meaningful social interaction and daily engagement

## **Skills**

- Personal care (showering, dressing, toileting, feeding)
- Manual handling and mobility assistance
- Infection prevention and control
- Vital signs monitoring
- Basic wound care and medication assistance
- Teamwork and communication
- Compassionate, respectful patient care

- Fluent in English

## **Certifications & Checks**

- First Aid & CPR (HLTAID011)
- Manual Handling Training
- Working with Children Check
- National Police Check

## **References**

Available upon request