

PRATIK ADHIKARI

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A Homebush West

DoB 14/05/2004

OBJECTIVE

Highly motivated and compassionate AIN committed to provide exceptional patient care and support to enhance the quality of life for elderly individuals. I am an energetic, dedicated, and stress-tolerant person with the ability to work in a team environment to achieve set outcomes. I consider myself to be a result-oriented and capable worker, who is not easily affected by job stress and will be a strong asset to your organization in a variety of duties. I can work with strong interpersonal and organizational skills to improve the quality of service, productivity, and profitability.

KEY SKILLS

- Patient care and assistance
- Vital signs monitoring
- Wound Care
- Assisting with activities of daily living (ADLs)
- Infection control and prevention
- Effective communication and interpersonal skills
- Ability to work well in a team environment.
- Attention to detail and strong organizational skills.
- Compassion and empathy toward elderly patients

QUALIFICATION

- CHC33015 Certificate III in Individual Support.
- Studied (+2) science in The Times International S.S Collage in Kathmandu, Nepal.
- Studying Bachelor of Information Technology in King's Own Institute.

PLACEMENT EXPERIENCE

BUPA ASHBURY (CARER)

- Provided compassionate care and support to elderly residents, ensuring their comfort.
- Assisted with activities of daily living (ADLs), including bathing, dressing, grooming, and toileting.
- Equipment Monitored and recorded vital signs, such as blood pressure, pulse, and temperature, and reported any abnormalities to the nursing staff.
- Assisted with mobility and transfer of residents, utilizing proper techniques and equipment to ensure their safety.
- Monitored and promptly reported any resident condition or behaviour changes to nursing staff.
- Maintained a clean and organized environment, ensuring the safety and comfort of residents.

CERTIFICATES

- Manual Handling.
- First Aid and CPR.
- Food Safety.
- Chemical Handling
- Certificate III in individual support

REFERENCES

- **Puja Ghale (RN):** 0414502814 (Pujaghale1991@gmail.com)
- **Nowshin Zaren (RN):** 0435137777 (nowshzaren@gmail.com)
- **Bini Thapa (AIN):** 0451968965