



KARISHMA KIRISHTIKA KUMAR

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16A BAMBARA STREET DHARRUK MOUNT DRUITT, 2770

Personal Details

Date of Birth
March 15, 1992

Gender
Female

Nationality
Fijian

Civil Status
Single

Driver's License:
980053

Education

Postgraduate Diploma in Mental Health

Nursing

Fiji National University, Suva – 2022

Bachelor of Nursing

Fiji National University, Suva-2018

Diploma in Nursing

Fiji National University, Suva- 2011-2013

Certificate IV in Aging Support

Victorian Institute of Education,

Sydney Australia-(in progress, 2023)

Achievements

Award of Excellence for Postgraduate

Diploma in Mental Health

Nursing (GOLD MEDAL)- 2022

Employment

REGISTERED NURSE

General nursing

2014- 2016

CWM Hospital, Suva

Mental health & general nursing

2016 till present

St. Giles Psychiatric Hospital, Suva

Roles, Responsibilities and Experience

- General nursing duties(Administering medications, wound care, manual handling, assisting with mobility assistance with personal care, toileting, grooming and feeding, providing emotional support, changing bed linens, NGT feeding and IDC care)
- Medical and surgical nursing
- Obstetric and pediatric nursing
- Mental health nursing
- Alcohol and other drug management and counselling
- Occupational therapy
- Counselling
- Community mental health nursing
- Age care (chronic old age mentally ill patients with no family support)
- Forensic mental health nursing- printing, photocopying reports to court
- Supervisory roles
- Shift charge roles
- Unit in charge roles
- Leadership and mentoring role
- Training, Teaching and supervising junior staffs and student nurses
- Mental health promotion

Language

Hindi
English

Hobbies

Reading
Movies
Dancing
Music

Skills

Leadership and management
Team work

Good communication skills
Organization skill
Decision making skill
Ethics
Critical thinking
Patient care
Infection Control
Patient education
Working under pressure and overtime
Problem solving
Patient assessment
Time management
Computer skills
Printing and photocopying

REFERENCES

Salome Nacagilevu

Deputy Director of Nursing, St. Giles
Hospital

Ministry of health, Suva

8930264/8927830

salome.nacagilevu@health.gov.fj

Sheetal Priya Kumar

Lecturer Psychiatry

Fiji National University, Suva

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Vilimaina Takayawa

Lecturer

Sangam school of nursing, Labasa

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Divya Jyotishna Devi

Senior Registered Nurse, St. Giles
hospital

Ministry of Health, Suva

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divyajyotishna30@gmail.com

