

Amrita Gurung

58-64 Frances Street, Lidcombe, NSW

Phone No-0451620501

Email: bunu.gurung026@gmail.com

Professional Summary

Reliable aged carer enthusiastically pursuing opportunities to add immediate value to a growing team. Inspired to help others and driven to apply unfailing work ethic to meet objectives.

Industrious and committed with skills for multitasking and managing time well. Passionate about elder care. Able to provide both physical and emotional support to clients. Culturally sensitive.

Education

National Academy of Professional Studies

Expected In 03/2027

Bachelor of Business Accounting

Skills

- . Meal Preparation
- . Feeding Assistance
- . Personal Hygiene assistance
- .Manual Handling
- . Active Listening
- . Interpersonal Skills
- . Bathing Assistance
- . Behaviour Management
- . Emergency Response
- . Time Management
- . Record Keeping
- . Infection Control

Work History

I have done 3 weeks of placement in **Colombia Age Care, Chatswood, NSW**. The things I have learned in the placements are:

- . Quality of life by providing compassionate and attentive care.
- . Maintained a clean and safe living environment for all residents, ensuring their wellbeing.
- . Helping the resident with their personal hygiene care.

Availability

Sunday (Morning, Afternoon, Night)

Monday (Morning, Afternoon, Night)

Tuesday (Night)

Wednesday (Morning, Afternoon, Night)

Thursday (Morning, Afternoon, Night)

Friday (Night)

Saturday (Morning, Afternoon, Night)

Reference:

RN, Jenny Dhital

jenny.dhital@gmail.com

0434512728

AIN, Yasana Panthi Bk

vk yasana@gmail.com

0451687791

Date: 22/03/2023

TO WHOM IT MAY CONCERN

This is to verify that **Amrita Gurung** (DOB: 17 January 2001) has completed his 120 hours of work placement with us. His placement period was from 13th February 2023 to 05th March 2023.

He has completed his placements on following location/s:

- Columbia Aged Care Services
- Support Foundation

Throughout the placement, he actively engaged in a wide range of tasks, including but not limited to:

- Assisting residents with daily living activities such as grooming, dressing, and personal care.
- Monitoring vital signs and reporting any changes to the nursing staff promptly.
- Participating in group activities and recreational programs to promote social interaction and well-being.
- Observing and learning from the experienced staff about medication administration and adherence to care plans.
- Maintaining a clean and safe environment for residents and ensuring their comfort at all times.
- Providing emotional support and companionship to residents who needed it most.
- Moreover, he gained hands-on experience in understanding the importance of empathy, patience, and effective communication while working with elderly residents who often require special care and attention.

If you have any queries, please contact us on 02 8386 1433.

Yours Sincerely,



Pukar Pandit
Manager
Support Foundation
0449 212 587
manager@supportfoundation.com.au