

Introduction:

Name: Sabita Gnawali

Address: 8 Greenwich Walk, Campbelltown, NSW 2560

Contact Number: 0410299985

Email: star_sabita@yahoo.com

Language: English, Nepali, Hindi

Car Owner / Driver: Yes/Yes

Profile:

Successful community support worker seeking opportunity to obtain a position within business where my years of experience and education can enhance the growth and success of company. I am an energetic person having wide skills and keen interest in health care service with experience. My preference is to work in a Global context, where my potential can be realized. My ultimate goal is to maintaining high standards and problem solving skills. I am able to work on own initiative and as a part of team. Has own car and driving license. Has certificate three in individual support. Certificate IV in ageing support (CHC43015), Current police Clearance. I am experienced and competent personal Care worker. I am reliable, gentle by nature, patient, and understanding and empathetic. Always work according to the client's instructions and follows care and medication plans, adhering to good practice and health and safety guidelines. Good record keeping skills. Manual handling trained and also trained to use a variety of lifting equipment and mobility aids. Completed First aid certificate. Particularly more experienced with the elderly and people with dementia.

Skills and Attributes:

- ★ Productive employee with solid work ethic who expert optimal effort in successfully completing tasks
- ★ Resourceful team player who excels at building relationship with client, their families and colleagues
- ★ Approachable, helpful, adaptable, polite, honest, positive, good listener□
- ★ Always punctual at work
- ★ Able to work as part of a team
- ★ Provide services to people to achieve maximum independence by meeting daily living and personal needs within the plan of care, with consideration of a holistic approach and client preferences.

- ★ Extremely capable working under pressure and for long hours
- ★ Good communication skills, Quick learner, Hardworking, Positive attitude and Friendly.

Employment History and education:

In Nepal 2005 to 2008: school courses completed, proficiency certificate level of nursing

2009 to 2011 : worked as a staff nurse in universal college of medical science teaching hospital

2011 to 2012: certificate three in aged care, first aid, CPR

2012 to 2014:worked as AIN in Miranda aged care facility, 268 Port Hacking Road

2014 to 2021 : worked as assistant nurse in Avalon Nursing home, 14 John Street, Avalon, NSW 2107

2018: certificate four in aging support (CHC43015)

CURRENTLY:

Since 2021 Working as disability support worker(sunnyfield disability services) 185 allambie Heights, NSW 2100

2016 to 2022: working as assistant nurse, Elizabeth Jenkins place, 8 Homestead Avenue, colloray, NSW 2097

Duties and Responsibilities:

- ★ Maintaining records and report of residence progress notes□
- ★ Assisting in performing activities in daily living including showering, feeding, toileting and other support within the plan of care.□
- ★ Displaying compassion and patience in providing care□
- ★ Assisting the higher level of care under the supervision of Registered Nurse
- ★ Perform work in a legal and ethical framework, which supports the rights and interests of clients following appropriate reporting mechanisms to meet duty of care requirements.□
- ★ Apply practical intervention procedures for dementia or behavioral problems□
- ★ Assisting with the medications under supervision of Registered nurse□

- ★ Things as required of individual daily routines□

Education and Certificates:

Certificate IV in aging support (CHC43015)

Certificate III in aged care

First Aid Certificate

CPR

Preventing dementia courses online

Proficiency Certificate Level of Nursing

Completion of School Courses (in Nepal)

Interests:

- ★ Working for community and society
- ★ Nursing homes
- ★ Aged care, disability and childcare
- ★ Computer technology
- ★ Travelling, playing and social activities

Availability:

Any days available and can start in 2 week notice

Reference:

1)Natalie Italiano (service Coordinator shared living)

Phone number: 0435965966

Email: n.italiano@sunnyfield.org.au

2)Sunita Shah (Registered Nurse)

Elizabeth Jenkins Placed aged care plus

Contact Number: 0402749718

Email: Sunita.shah@salvationarmy.org.au

