

**Dilasha ghimire**

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### **EXECUTIVE SUMMARY**

I work closely with disabled and independent individuals providing them with assistance and redirection of daily functions such as health, hygiene, cooking, cleaning, shopping, and budgeting.

### **KEY SKILLS SUMMARY**

- Ability to build effective relationships with clients through empathy.
- Remarkable client service and rapport building skills.
- Exceptional written and verbal communication skills.
- Ability to maintain accurate and detailed records.
- Meticulous, detail-oriented, analytical, and adaptable.
- Highly motivated and the ability to meet deadlines.
- Confident user of Microsoft Word, Excel, and PowerPoint.

### **EMPLOYMENT SUMMARY**

*Santa clara disability*

*Disability support worker parramatta*

- Provided comprehensive care and support to elderly residents, including assistance with daily activities and personal care.
- Worked collaboratively with healthcare professionals to ensure the well-being of residents.
- Maintained accurate records of care provided and reported any changes in residents' conditions to supervisors.

*Aged Care Worker*

*My Care Agency -*

*Dates of Employment june 22 2024*

- Delivered high-quality care across various nursing homes, working flexible shifts including day, night, and morning.
- Adapted different environments and care requirements in each facility to meet the needs of diverse residents.

- Ensured continuity of care by efficiently managing time and prioritizing tasks during shifts.
- Medication Administration: Assisted with administering medications as per care plans, ensuring timely and accurate dosage under supervision.
- Mobility Support: Supported elderly clients with limited mobility by using proper equipment such as wheelchairs and walking aids.
- Emotional Support: Offered companionship and emotional care, fostering positive relationships to enhance residents' well-being.
- Meal Preparation: Assisted in preparing and serving meals according to dietary needs and preferences.

Housekeeping Duties: Maintained a clean and safe environment by performing tasks like laundry, cleaning, and changing bed linens.

### ***Agedcare worker***

### ***Catholic healthcare***

### ***Date of employee june 2024***

- Maintaining a safe and clean environment by performing housekeeping and sanitization tasks.
- Collaborating with health professionals to deliver high-quality care.
- Offering emotional support and companionship to improve residents' quality of life.
- Assisting with medication reminders under supervision
- Adhering to care plans and reporting changes in residents' health conditions.
- Supporting clients with mobility aids and transfers (e.g., hoists, wheelchairs).
- Documenting daily care tasks in progress notes and updating records.
- Promoting dignity, respect, and independence for all residents.

### **Key Skills**

- Aged care support
- Flexible and adaptable in different care settings
- Experience with day, night, and morning shifts
- Strong communication and teamwork skills

### **CERTIFICATIONS**

Certificate III AGEING  
Disability 2024 Manual  
Handling

CPR and First Aid  
Training  
Basic Life Support Training  
NDIS  
WOKERSCREENING

#### **REFERENCES**

**Will be provided upon request.**