

Manish Parajuli

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Professional Summary

Dedicated and compassionate Assistant of Nursing with years of exceptional experience in aged care facilities. Proven track record of delivering top-quality care to elderly residents, ensuring their comfort, well-being, and safety. Adept at building strong relationships with patients, families, and interdisciplinary teams. Recognized for strong clinical skills, empathy, and a commitment to providing the highest standard of care.

Experience

Assistant In Nursing

Ashfield Terrace Care Community – Opal Health Care

- ✓ Provided hands-on care and support to elderly residents, assisting with activities of daily living and personal hygiene.
- ✓ Assisted in the implementation of care plans, monitored patient conditions, and communicated effectively with the healthcare team.
- ✓ Acted as a liaison between residents, families, and medical staff, always ensuring clear and compassionate communication.

Specialized Dementia Carer

Hammond Care, Miranda

- ✓ Oversee and coordinate care for elderly residents, coordinating a team of nursing staff to ensure the highest level of care provision.
- ✓ Develop and implement care plans tailored to individual patient needs, focusing on enhancing quality of life and maintaining dignity.

- ✓ Conduct regular assessments, monitor vital signs, and administer medications as prescribed, ensuring compliance with medical protocols.
- ✓ Collaborate closely with healthcare professionals, including physicians, therapists, and social workers, to optimize patient care and outcomes.
- ✓ Train and mentor new staff members, providing guidance on best practices and ensuring adherence to facility policies and procedures.

Personal Care Worker

Right at Home Sydney Central & Eastern Suburbs

- ✓ Information about mental illness, PPE, and physical handling for the elderly people.
- ✓ To integrate work, team support, and ad hoc obligations in a professional and timely manner, developing organizational and planning capabilities.

- ✓ Capability to adapt well to challenging and emergency situations, focused, adaptive, multi-task-oriented, optimistic, and mentally stable.
- ✓ Assisting and accompanying clients during their daily activities.
- ✓ Providing companionship, friendship,, and emotional support.
- ✓ Bowel care, hoist experience and peg feeding.

Key responsibilities

- ✓ Provide assistance to residents with daily chores such as showering, dressing, grooming, assist in feeding and maintain their personal hygiene.
- ✓ Reading patients body language, medical knowledge, Checking vital sings.
- ✓ Preserve all care records accurate and up-to-date in accordance with company guidelines or policies.
- ✓ Ensure that each resident receives best quality care in facility as per facility's protocols.

- ✓ Cultivate a bond with residents by obtaining to understand them personally and exhibiting an interest in their life.
- ✓ Adhere to any medical or safety emergencies under the supervision of RN.
- ✓ Arrange exciting succession for both groups and individuals.
- ✓ A devotion to offering residents with mental illnesses care such as dementia.

Education

- ✓ Currently studying Bachelor of Business (Major in Accounting) at Victoria University.
- ✓ Certificate IV in Ageing Support from Australian Community & Management College.
- ✓ Certificate of understanding Dementia from Dementia Research and Education Center, University of Tasmania.
- ✓ Currently enrolled in Understanding Traumatic Brain Injury in Dementia Research and Education Center, University of Tasmania.

Achievements:

- ✓ Received a Specific Award for outstanding dedication to patient care.
- ✓ Recognized by Residential Manager for exceptional teamwork and leadership skills in annual performance reviews.
- ✓ Achieved the opportunity to get a free course for Understanding Dementia from the Dementia Research and Education Center, University of Tasmania.

Reference

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