

	Burwood, Sydney NSW
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PRAMILA LAPCHA

EDUCATION AND TRAINING

High School Diploma

Shree Shanti Secondary school, Jhapa , Nepal
2017

Diploma of Nursing

Chhinnamasta Educational Academy, Jhapa, Nepal
2018

Certificate IV in Ageing Support

Advance Collage, Burwood

SUMMARY

I am a highly skilled and dedicated nurse seeking a position in a health care facility that values patient-centred care and provides opportunities for professional growth. Currently having no working restriction.

SKILLS

Patient Monitoring

- Procedure Assistance
- Medical Recordkeeping
- Nursing Consultation
- Creative Problem Solving
- Patient Care Assessment
- Patient Examination
- Diet and Nutrition

- Monitoring Vital Signs
- Clear Patient Communication
- Care Coordination
- Taking Vitals
- Emotional Awareness
- Medication and IV Administration
- Patient Care

experience

Thomson nursing health care

Terry Hills, Sydney, NSW (currently working)

- Delivered nursing-related services under supervision of Registered Nurse.
- Guided individuals to bathrooms and cared for incontinence needs.
- Maintained homelike environment for residents to support plan of care.
- Recognized and reported abnormalities or changes in patients' health status to nursing staff.
- Planned, prepared and served meals and snacks according to prescribed diets.
- Ambulated patients with appropriate assistive devices and in line with proper body mechanics.

CERTIFIED NURSING ASSISTANT IN TRAINING

Uniting ahrina | ashfield, NSW |

- Complete 120 hours of placement.
- Delivered nursing-related services under supervision of Registered Nurse.
- Guided individuals to bathrooms and cared for incontinence needs.
- Maintained homelike environment for residents to support plan of care.
- Recognized and reported abnormalities or changes in patients' health status to nursing staff.
- Planned, prepared and served meals and snacks according to prescribed diets.
- Ambulated patients with appropriate assistive devices and in line with proper body mechanics.

REGISTERED NURSE OF NEPAL

4 years experience of working in hospital as a nurse and these are the hospitals that I have worked.

- Medilink home care
- Peoples medical hospital
- Birtacity hospital
- Rong rural municipality hospital
- Manmohan memorial eastern regional community hospital

Duties that I have done in Nepal:

- Provided compassionate and comprehensive care to patient in the Medical department.
- Assessed patient needs, prioritized treatment, maintained patient flows and assisted physicians with non-invasive procedures.
- Administered medications and treatments, monitoring patients for reactions and side effects.
- Recorded patient condition, vital signs, recovery progress and medication side effects.
- Monitored and managed various treatment and care interventions.
- Advocated for patients by supporting and respecting basic rights, values and beliefs.
- Updated charts throughout shifts with current, accurate information to maintain strict recordkeeping standards.
- Provided patient and family health education focusing on self-management, prevention and wellness.
- Assessed and prepared patients for procedures, performing initial and ongoing patient assessments.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Collaborated with doctors to plan post-treatment home care and prevent.

REFERENCES

References:

Name: Sangita Magar

Designation: Assistant In Nursing

Company: Opal Health Care Ashfield

Phone Number: 0452003044

Name: Alisha Ghimire

Phone Number: 0410077617

Designation: Assistant In Nursing

Company: Terry hills

LANGUAGES

English:



Full Professional

Nepali:



Native/ Bilingual

Hindi:



Full Professional

