

SUSAN MANANDHAR

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Objective

Dedicated and compassionate Assistant in Nursing seeking a rewarding position in an aged care home. Bringing a strong commitment to providing quality care, excellent communication skills, and a genuine passion for enhancing the well-being of elderly residents.

Education

- Certificate IV in Individual Support (Ageing), Advance College of Health (2020) Burwood, Sydney.
- Advanced Diploma in Business, Elite Education Institute, 2019] Haymarket, Sydney.
- Diploma in Information Technology, Nepal Banepa Polytechnic Institute (2016) Banepa, Nepal.

Skill

- Patient and empathetic approach to resident care
- Proficient in assisting with activities of daily living (ADLs)
- Strong communication skills, both verbal and written
- Knowledgeable in infection control practices
- Ability to work collaboratively within a multidisciplinary healthcare team
- Efficient time management and organizational skills

Clinical Experience

Advantage Care Edensor Garden, Edensor Park NSW 2176

Assistant in Nursing

(2024 – Current)

- Assisted residents with ADLs, including bathing, dressing, and mobility support
- Monitored and documented residents' vital signs and changes in health status

- Implemented infection control measures to maintain a safe and hygienic environment
- Collaborated with the nursing team to ensure comprehensive and individualized care plans
- Participated in resident assessments and communicated effectively with healthcare professionals

Anglicare Marcus Loane House, Warriewood NSW 2102

Assistant in Nursing

(2021 – 2022)

- Assisted residents with ADLs, including bathing, dressing, and mobility support
- Monitored and documented residents' vital signs and changes in health status
- Implemented infection control measures to maintain a safe and hygienic environment
- Collaborated with the nursing team to ensure comprehensive and individualized care plans
- Participated in resident assessments and communicated effectively with healthcare professionals

Southern Cross Care, Burnie TAS 7320

Assistant in Nursing / Leisure & lifestyle Assistant / Community Support Worker

(2022 – 2024)

- Provided assistance with activities of daily living, including bathing, grooming, and mobility support, fostering a sense of dignity and independence.
- Developed personalized care plans based on individual client assessments, ensuring a holistic approach to their well-being.
- Administered medications in accordance with prescribed schedules, maintaining accurate records and ensuring compliance with safety protocols.
- Regularly monitored vital signs, observed changes in health conditions, and communicated effectively with healthcare professionals for prompt intervention.
- Offered emotional support and companionship to clients, promoting mental well-being and a positive living environment.
- Maintained accurate and up-to-date client records, documenting care provided and reporting any changes in health status.
- Demonstrated proficiency in emergency response procedures, ensuring the safety and well-being of clients during unexpected situations.
- Planned and executed a diverse range of leisure activities, fostering social interaction and mental stimulation.

- Coordinated recreational events and outings, ensuring a vibrant and fulfilling leisure schedule for residents.
- Adapted activities to accommodate varying cognitive and physical abilities, promoting inclusive participation.

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Certifications

- First Aid
- CPR
- Manual Handling

Reference

Nirmala Shrestha (Registered Nurse)
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