# PABITRA K C

# CONTACT

0430052697

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12/2 olives street liverpool, NSW 2170

# STREGTHS AND SKILLS

- Skilled in assisting with activities of daily living (ADLs) such as bathing, dressing, and grooming.
- Good communication and interpersonal skills.
- Great team collaboration and coordination
- strong Empathy and compassion for elderly residents.
- A reliable, friendly, and professional person and has a genuine desire to help others.

# EDUCATION

#### MBA in Health Service Management

## Kaplan Business School Sydney

Level 1/55 Elizabeth St, Sydney NSW 2000 2024-2026

Certificate IV in Ageing Support St. Vincent Age Care, Yennora

#### REFERENCES

Bishow chaulagain

RN: (st. Vincent Aged care, Yennora

Asmita Basnet RN: St. Vincent Aged Care, Yennora

Rakshya Gurung (RN) Phone number: 0450870060

## PROFILE

As a dedicated Aged Care Support Worker, I bring experience in personalized care and assisting with daily living activities. My background in support worker, housekeeping and customer service has honed my attention to detail and communication skills. While pursuing a certificate IV in ageing support, and working as a medicator and an assistant in nursing (AIN) at st. vincent aged care yennora in sydney has allowed me to contribute to resident well-being, ensuring a safe and comfortable environment. with all my basic care ideas, I am actively seeking a position within your organisation as a support worker. I am deriven by the opportunity to facilitate positive and sustainable changes for individual empowerment.

## WORK EXPERIENCE

### Housekeeping Attendant

#### Quest hotel, liverpool

feb 15 2024- ongoing -

- Maintainance cleanliness and sanitation standards in resident rooms, common areas, and facilities.
- Ensured compliance with health and safety regulations and implemented infection control measures.
- making the bed, vacuuming, mopping, and spot cleaning.

#### **Customer service**

Porter House Bistro, Austral NSW

Feb 2024 -ongoing

- Quickly addressing customer inquires and resolving issues in a timely manner.
- Efficiently identifying and resolving customer problems or corncer to their satisfaction.
- Clearly and accuratly conveying information and instructions to the customer.
  - Demonstrating understanding and concern for the customer's situation and needs.

#### Support Worker

- Providing empathetic and respectful care to clients, understanding theirs needs
  and preferences.
- Maintaining a high level of professionalism, including adhering to ethical standars and confidentiality.
- Clearly and effectively communicating with clients, families, and other healthcare
  professionals.
- Assisting with bathing, grooming, oral care and other hygien-related tasks to ensure cleanliness and comfort.
- supporting with walking, transferring from bed to chair, and other mobilityrelated activities to ensure safety and independence.
- Helping with meal preparation, feeding, and ensuring adequate hydration to maintain health and well-being.
- Report any hazard, abuse, risk to supervisor RN

Medicator/AIN

#### St. Vincent Aged Care, Yennora

- Completed courseworked in Aged care principles, dementia care, medication management, and infection control.
- Participated in practical training and clinical placements to develop hands-on caregiving skills.
- Proficient in carefully moving and handling residents.

April 2024-June 2024

Mar 2024-April 2024