# Naresh Nath Yogi

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### Summary

• I am a certified support worker eager to work with exceptional personal care skills and knowledge. Seeking a position with a facility that will allow me to correspond to my ability professionally and offer the highest level of comfort and care to clients. I am open to learning new skills and can adapt to changes in the environment. I believe in promoting and upholding standards according to the highest course of practice.

### Objective

Help and support and empower elderly people by helping them achieve their daily goals and tasks, as well as enhance their quality of life.

# Education • IMC College<br/>Master of professional accounting services(MPAS)<br/>3.7 2024 • Amity college<br/>Bachelor of Business Administration(BBA)<br/>3.2 2021

01/04/2022 - Running ....

03/07/2023 - Running......

### Experience

- Bupa aged care, seaforth
  - Carer

-Helping care home residents with their personal care which includes getting dressed, washing and eating

- -chatting and sharing news
- -Involvement with writing residents' care plans
- -Providing information to family members regarding the care plan
- -Ensuring that the resident's needs and wishes are met
- -Working with other health and social care professionals to provide holistic care
- -Recording and reporting essential information in the residents' daily reports accurately and immediately (communication
- systems, care and health monitoring, accident and incident reports)
- -Gently encouraging residents to get involved with recreational activities and hobbies
- -Giving feedback to health and social care professionals

### • St Vncent Health Australia

Carer

-Personal Care: Assisting residents with personal hygiene tasks such as bathing, dressing, grooming, and toileting. -Mobility Assistance: Helping residents move around safely, including transferring them from beds to wheelchairs or assisting with walking.

-Feeding and Nutrition: Assisting residents with eating and ensuring they receive appropriate meals based on dietary requirements.

-Monitoring Health: Observing residents for any changes in health or behavior and reporting concerns to registered nurses or senior staff.

-Emotional Support: Providing companionship, engaging in conversation, and helping residents feel comfortable and supported emotionally.

-Maintaining Cleanliness: Ensuring that the living environment is clean and safe by tidying rooms, changing bed linens, and assisting with other housekeeping tasks.

-Documentation: Recording observations and care provided, ensuring accurate reporting to the healthcare team.

 -sensitivity and understanding. -desire to help people. -ability to work well with others. -patience and the ability to remain calm in stressful situations. -ability to accept criticism and work well under pressure. -to be thorough and pay attention to detail. customer service skills.

# Certificates

• -Certificate III in Individual Support(Ageing and Disability) -Dementia Training

## Reference

- Mamata Thapa Bupa agedcare seaforth RN mamta.thapa@bupa.com.au 0452451532
- . Nirmala Giri-St Vincent Health Australia, Bronte, sydney

RN nirmala.giri@svha.org.au 0421771205