# Samjhana <u>Tamang</u>

## PROFILE

Experienced and compassionate disability (NDIS) professional with 2 years of dedicated service. Skilled in medication administration, daily assistance, and fostering trusting relationships. Proficient in maintaining a safe and comfortable environment. Seeking to contribute positively to elderly and disabled individuals' well-being.

## CONTACT

MOBILE: 0406629813

EMAIL: Lamasamjhana255@gmail.com

ADDRESS: Auburn, NSW

## CERTIFICATION

Certificate III in Individual Support (Ageing and Disability) from Carer Institute Australia

## REFER<u>E</u>NCES

Registered Nurse: Sajana Bhandari

0405417553

sajbhand@chcs.com.au

AIN: Reeju Maharajan 0422871459

### **EDUCATION**

Diploma in Community Service (ongoing) Sydney, NSW

#### WORK EXPERIENCE

#### Support worker (NDIS)

31 Gelibolu parade, Auburn, NSW, 2144 12/2021-current

- Providing in-home support with health issues and daily personal hygiene.
- Document and report any changes in the client's health status,
- PEG feeding, Administered prescribed medication,
- Assisted patients with mobility issues by assisting in walking or transferring from one place to another,
- Followed safety protocols strictly to minimize risks associated with handling hazardous materials or operating medical equipment,
- Prepared meals for patients based on dietary restrictions and preferences.

### RFBI Concord Community Village: Placement- AIN

4A Cavell Ave, Rhodes NSW, 2138

- Demonstrating empathy and sensitivity towards patients' needs and providing support with daily activities, personal care, and medical tasks.
- Working effectively alongside healthcare professionals, communicating patient observations, and contributing to a cohesive care plan.
- Being proactive in responding to changing patient conditions, following protocols, and continuously seeking opportunities for skill enhancement and professional development.

#### SKILLS

- Good communication and interpersonal skills
- Available to work effectively.
- Able to follow health and safety regulations.
- Keen to learn new skills.
- Honest, polite, friendly, active, and helpful manner.
- Mobility support
- Progressive care
- Quality program protocols
- Complex problem solving
- PPE usage
- First Aid and Safety
- Caregiver and Family support
- Bathing and dressing
- Preparing foods
- Ability to lift.
- Use different equipment like hoists, wheelchairs, and other equipment used in a care home