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Kabita Karki

Professional Summary

Reliable aged care worker enthusiastically pursuing opportunity to add immediate value to growing team. Inspired to help others and driven to apply unfailing work ethic to meet objectives. Industrious and committed with skills for multitasking and managing time well.

Professional Experience

Hardi Aged Care - Carer

Manly Vale, NSW

04/2024 - 06/2024

- Built strong relationships with clients to deliver emotional support and companionship.
- Assisted patients with daily living activities, promoting independence and dignity.
- Assisted with dressing guidance, grooming, meal preparation, and medication reminders.
- Used adaptive equipment like lifts walkers wheelchairs safely efficiently improving accessibility mobility independence.
- Improved patient well-being by providing compassionate and attentive care.

Languages

English

Professional Working

Hindi

Limited Working

Nepali

Native or Bilingual

References

Claire, Registered Nurse, St Vincent's Aged Care, Yennora,
0298924665

Nabina Adhkari, Supervisor, Hardi Aged Care, Manly Vale

✉ Kabitakarkee122@gmail.com

☎ 0430085649

📍 Kingsgrove, NSW 2208

Skills

Proficient in assisting patients with daily living activities, including bathing, dressing and mobility.

Skilled in monitoring and recording vital signs to ensure patient safety and well-being.

Excellent communication skills, allowing for effective interactions with patients, families, and healthcare team members.

Strong attention to detail and ability to follow care plans and medical instructions accurately.

Empathetic and understanding, providing emotional support to patients during recovery process.

Assisting residents in activities of daily living

Engaging residents in recreational activities

Maintaining and recording behavioral patterns of dementia in residents

Provide assistant in dressing, bathing, feeding, personal hygiene etc.

Encouraging residents to participate in social and recreational activities.

Customer Service

Problem-Solving

Time Management

Attention to Detail

Education

Block Learning Pty Ltd

Hornsby, NSW

Certificate IV in aging: Health Care

Certifications

- Certificate IV in aging
- First Aid
- Manual Handling
- CPR
- Current Police Check