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Date/Place of Birth 31 Jan 2002, Lautoka, Fiji

Nationality Fijian

Driving License License Number 1058539, Fiji Class 2 Expiry date: 26/01/2026

Skills

- Communication Skill
- Time Managemen
 Infectious Disease
- Control
- Manual Handling
- Computer Literacy
- Team work
- Problem Solving

NEHA NATASHA

SUPPORT WORKER- BAPTISTCARE, AUSTRALIA

STUDENT- CERTIFICATE III IN INDIVIDUAL SUPPORT AND DIPLOMA IN COMMUNITY SERVICE- CAPITAL COLLEGE, CANBERRA, AUSTRALIA

PROFILE

I am an aspiring student with a strong foundation in nursing and a proven track record in patient care and support roles. Eager to contribute my versatile skills, dedication, and compassion to enhance healthcare delivery within a collaborative team environment.

EXPERIENCE

June 2022–December 2022 Student Nurse, Nadi Hospital, Fiji

Clinical attachment in Nadi hospital for 4 months total of 8 hours per day for 5 days in a week.

Competencies

Hand hygiene, Interviewing skills, Counselling, Oral/ Parental route administration, CBG, ECG, Admission care, pre-operative care, post-operative care, suction, IV management, management of pain, insertion of IDC/NGT, administration of blood transfusion, management of simple/complex wound, IMCI competency assessment for the management of sick young infant aged 2 months up to 5 years and also 2 months and above, oxygen therapy and use of nebulizer as a vehicle for inhalation drugs and management of client on nebulizer and health education exercise.

During practical attachments, assisted patient care by providing support with daily activities, administering medications under supervision, and maintaining accurate documentation. They also collaborate with healthcare teams to monitor patient conditions and contribute to a holistic care approach.

May 2023–June 2023

Crew Member, Queanbeyan McDonald', NSW

As a member of the cafe crew, my main responsibilities was to

- Empathy and Compassion
- Critical Thinking
- Fast Learner
- Honesty and Respect
- Determination
- Leadership Skills
- Patient CareMedication
- Managemen
- Vital checkir
 Patience
- Patience
- Observational and Reporting Skills
- Multitasking
- Physical Fitnes
- Motivated Attitude
- Organized

Languages English Hindi I-Taukei revolve around delivering excellent service to customers who visit the cafe section of the restaurant. I was taking orders, preparing beverages such as coffee and tea, and serving a variety of delicious bakery items and snacks. Additionally, my responsibility was to maintain cleanliness and organize cafe area, ensuring that customers have a pleasant and enjoyable experience.

July–August Home Service Carer, Warrigal, Queanbeyan East, NSW

My responsibilities is to perform domestic tasks like cleaning and cooking, providing social support to combat isolation, overseeing medication intake, assisting with personal care, and offering transportation for appointments and errands. They ensure clients' living spaces are organized and hygienic, engage in meaningful interactions to promote emotional well-being, monitor and administer medications, help with hygiene routines, and ensure safe travel. Thorough documentation of tasks, observations, and health changes is maintained to ensure effective care and communication.

August-Till

JB Care, Disability Services and support Organization

As a support worker, my role involves assisting individuals in developing and maintaining their independent living skills, promoting their choice and control over their lives. I work both independently and as part of a team to provide personal care, access community services, and ensure the well-being of clients. Providing personal care, emptying urine bag, giving the medications for the day, day programs and taking the clients out for shopping and leisure activities. Additionally, I adhere to administrative procedures, respect clients' rights and privacy, and contribute to the goals and objectives of my organization.

EDUCATION/ ACHIEVEMENTS

Saru M.G.M Primary School

January 2008- November 2015

Tilak High School, Lautoka, Fiji

I attended Tilak High School from the year 2016 to 2020 as a pure science student. During my time there, I focused on a rigorous curriculum centered on the sciences. My studies encompassed subjects like English, Physics, Chemistry, Biology, and Mathematics. The school provided a conducive environment for in-depth exploration of these subjects, nurturing my curiosity and critical thinking skills.
 January 2016- December 2020

The University of Fiji, Lautoka, Fiji

• Bachelor of Nursing Science- Completed 2nd year of studies successfully however, did not complete the full duration of course.

January 2021- December 2022

Capital College, Canberra, Australia

- Currently pursing Certificate III in Individual Support and Diploma in Community Service
 April 2023- July 2025
- Working with Vulnerable People Card
- Certificate of Safe Waste Management
- Fire Awareness and Evacuation
- Deputy Head Girl of Saru M. G. M Primary School- Year 7
- Deputy Head Girl of Tilak High School- Year 11 and Year 12(2018-2019)
- Head Girl of Saru M.G.M Primary School- Year 8(2016) and Year 13(2020)
- Best Girl Scouter of Western Division- Year 8(2016)
- Duke of Edinburgh International Award- Gold, Silver and Bronze(2016-2019)
- High Scorer in Health Science and Social Science
- Fiji Team Mathematics Competition
- Leadership and Management Training
- Certificate of Basic Caregiving- Prestige Caregiving Academy February 2023-March 2023
- Certificate in First Aid in an education and care setting, First Aid, CPR and basic emergency life support, Canberra First Aid

June 2023- June 2026

 University of Tasmania Wicking Dementia Research and Education Centre, Understanding Dementia Massive Online Course
 101/2022

July 2023

• Certificate in Recognizing and acting on pain in people living with dementia for direct care workers, Dementia Training Australia

August 2023

- University of Tasmania Wicking Dementia Research and Education Centre, Certificate in Understanding Traumatic Brain Injury Massive Online Course September 2023
- University of Tasmania Wicking Dementia Research and Education Centre, Certificate in Preventing Dementia Massive Online Course October 2023



- University of Tasmania Wicking Dementia Research and Education Centre, Certificate in Understanding Dementia Massive Online Course November 2023
- Certificate of Achievement in Nutrition for Health and Sustainability, EIT Food
 3 weeks, 4 hours per week- Online Course

REFERENCES

Lecturer and Course Coordinator Tarome Paulo UPSM& HS University of Fiji +6799834451 <u>taromep@unifiji.ac.fj</u>

Lecturer Vikhyat Dhingra Capital College Canberra Australia vikhyat.dhingra@capital.edu.au

Support Worker Henry Hitendra Kant +61416785780 <u>henryhkant@gmail.com</u>

DECLARTION

I, Neha Natasha, am a dedicated and driven professional committed to delivering high-quality care and contributing effectively to healthcare environments. With a solid foundation in nursing skills and a passion for patient well-being, I am eager to make a positive impact as part of a collaborative healthcare team.

Date: 07/11/2023