#### **MANITA ADHIKARI**

#### Contact

#### **Overview**

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As being in community service it's important to help and meet the client needs and requirement. My priority is to help individual personal with their basic needs and requirements, which helps them to have an easy, enjoyable experience with my service. I am very passionate and eager about the helping other always.

# Education

## **Diploma in IT**

Western Sydney College

## Diploma in Community Service

Nurse Training Australia

#### Certificate III in Individual Support

Cube Institution

#### **Skills/ Certificates:**

- CPR/ First Aid
- WWCC
- Police Check
- RSA/RCG
- WHO
- Dementia Australia training
- Medcred certificate
- NDIS check
- Punctual
- Friendly/kind
- Speak fluently

# Experience

#### E4 healthcare (2021-2022)

### Bupa Aged Care (2022 may-dec)

#### Mable

# Sir moses Montefiore Jewish Home (2022- current)

- I work in Special Care Unit (SCU) where I help after the dementia residents to meet their daily basic needs and live with dignity.
- I work as a homemaker role, which is made to make the dementia people feel like a home environment.
- I even work with L&L staffs to plan different activity to engage more residents on the activity.
- I have completed medcred certificate from Montefiore so, I can do medicines as well.
- I take parts in tools box for specific residents with their family members to understand them and their habits to meet their requirements.
- I have completed my dementia essential training from Dementia Australia to understand the dementia people and their environment.
- Being an AIN I also do all the basic daily life personal care of the residents.
- Being a part of Montefiore which is high standard aged care I'm very aware of high-profile residents and the tasks to meet their need.

# Reference

Sony Ghimire (co-worker)

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