

CONTACT DETAILS

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CAREER OBJECTIVES

To obtain a Personal Care Assistance position, which will create opportunities to expand practical experience at the same time provide quality healthcare motivating peoples towards independence to enjoy happier and healthier life.

PERSONAL STATEMENT

I believe myself as a good manner, honest, hardworking, quick learner and polite care assistant, who is able to work with any other health professionals in any pressurized environment tactfully. I have an understanding, knowledge, and commitment to the protection of client under my care and have the ability to maintain the standard of duty of care. I have hands on experience and technical expertise required to contribute to the ongoing support of both client and constantly motivated to do and be best whatever I do. Right now, I would like to work for a successful company that offers great opportunities for my career development.

AREA OF EXPERTISE Health care:

- Able to provide confidently, dignity and privacy to patients at all times.
- Full understanding and knowledge of residential, dementia and nursing care.
- Able to help client to maintain and develop social life, self-help, occupational and personal skills.
- Fully aware and respectful of patient's rights, as well as their religious and cultural beliefs.
- Able to record patients' observation accurately and report any issues of concerns.

PERSONAL STRENGTH

- Able to work within unpredictable circumstance.
- Can stay calm and patience in any difficult situations and support others at the same times.
- Experience of working with clients who have offending behaviors.
- Good verbal, written and communication skills along with an excellent telephone manner.
- Physically fit and able to carry heavy loads and stands for long periods at a time.

PEROFESSIONAL QUALIFICATION

- Completed Certificate III in Aging and Individual Support.
- Studied bachelors in Bachelor of Business Studies from Nepal Commerce Campus, Nepal.
- Studies higher secondary school from Aishwarya Vidya Niketan, Nepal
- School Leaving Certificate from Jyoti English Boarding School, Nepal.

EXPERIENCE

120 hour placement in certificate III in Individual Support (Ageing & Disability) at Bupa Age Care Ashfield.

More than year experience in Estia Healthcare Epping as an Assistant in Nursing. My duties were answering the patient call signals, signal lights, bells, or intercom systems to determine patients need. Turn or reposition bedridden patients.

Provide physical support to assist patients to perform daily living activities, such as getting out of the bed, bathing, dressing, using toilet, and standing, walking or exercising. Review patient's dietary restrictions, food allergies and preferences to ensure patients receives appropriate diet. Measure and record food liquid intake or urinary and faecal output, reporting changes to medical or nursing staff and able to work and coordinate with the team to provide better support.

RELEVANT DOCUMENTS

- Current National Police Check
- NDIS check
- First aid training and certificate
- Full Vaccination record
- Full COVID-19 vaccination record.
- Fire training certificate
- Manual handling certificate

REFERENCES

Archana Chand (RN)

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Estia Health Care

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Estia Health Care