

**KRITI KATTEL**  
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**4/5 Martin Place, Mortdale, NSW 2223**

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## **OBJECTIVE**

A self-motivated, enthusiastic Nursing Assistance who can accomplish all assigned responsibilities with minimal supervision. A compassionate Nursing assistance who has extensive knowledge of nursing and aged care. As a truly professional who offers highest level of comfort and care to my patients by maintaining privacy and dignity.

## **CAPABILITY**

Excellent team worker, good communication skill, good computer skill and team player.

## **EDUCATION & CREDENTIALS:**

**Provide First Aid HLTAID003** **2018**

Australian Education and Training Institute, Rockdale, NSW, Australia

**Certificate III in Individual Support (Ageing)** **2018**

Australian Education and Training Institute, Rockdale, NSW, Australia

**Master in Professional Accounting** **2018**

Central Queensland University, Australia

## **Key Strengths**

### **Communication, Interpersonal and Technical Skills:**

- **Skilled communicator**, articulate and well spoken, with experience in communicating with patients and colleagues in a professional and warm manner
- **Quick learner and friendly nature**, eager to experience new healthy environment to learn
- **Computer literate**, having good knowledge of Microsoft suites and various creative tools.

## **Professional Work experience**

### **Working at St.Basil's Home, Sydney, as a Personal carer March 2018- till dates**

- Taking and recording a patient's temperature, blood pressure, pulse and respiration rates.
- Assisting patients with activities of daily living such as showering, bathing, dressing, grooming, and toileting.
- Preparing patients for and appointment or outings.
- Determining a patient's needs.
- Maintaining a clean and safe working environment.
- Serving meals to patients then monitoring their eating habits and feed them if necessary and providing meal supplements as needed.
- Keeping patient's rooms and equipment clean, neat and orderly.
- Observing residents' health concerns and reporting abnormalities to the Registered Nurse.
- Generally assisting with patients' overall comfort.
- Updating patient records.
- Helping patients to walk transfer and use different walking aids.

### **As a student nurse at Lark Ellen Aged Care, Sydney, NSW 2232 (2018)**

- Assisted in general ward, special ward (Dementia ward) and palliative care ward.
- Helping my buddy for taking and recording a patient's temperature, blood pressure, pulse and respiration rates.
- Working with buddy and assisting patients with activities of daily living such as showering, bathing, dressing, grooming, and toileting.
- Assisting for all housekeeping job, ADLs and manual handling job.

### **Worked at Catholic Healthcare, Surry Hills, Sydney, NSW 2010 March 2018- November 2019**

### **Training and Certification**

1. Work experience placement (three weeks) at Lark Ellen Aged Care, Sutherland, NSW 2232
2. Certificate III in Individual Support (Ageing)
3. Work experience as a Personal Carer (March 2018-November 2019) at Catholic Healthcare, Surry Hills

### **References**

June Shah

Position: Registered Nurse

St.Basil's Home, Randwick

Contact No: 0405605681

Rubi Bhattarai

Position: Registered Nurse

Catholic Healthcare, Surry Hills

Contact No: 0426783600

