

Juna Pyakurel
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Personal Summary

A self-motivated Nursing Assistant who is able to accomplish all assigned responsibilities with minimal supervision and a sound understanding of aged care quality and safety standards. Worked in a fast paced environment handling confidential paperwork, administering medication and providing quality care. Established record of reliability and creating positive rapport with patients/residents, family and staff. Patient and highly compassionate.

Skill Highlights

- Comprehension assessment, care planning, care delivery and evaluation skills
 - Acute Care Nursing
 - Patient Care and Education
 - Critical thinking
 - Effective communication, interpersonal and negotiation skills
 - Medication Administration, Behavioral observation & ACFI
 - System Analysis/Evaluation
 - Active Learning
 - Strong Medical and Work Ethics
 - Quick Problem Solver
 - Understand medical procedures, knowledge of infection prevention and control, Work Health Safety (WHS) Legislation, waste reduction
 - Understand mobility assistance need and manual handling practices and competencies
 - Documentation and charting
 - Quick Learner
 - Service focused
- Work Experience and Volunteer

❖ Care Worker

Orchid Care Home (June 2017 – Aug 2019)

Responsibilities

- Evaluated patient/resident care needs and prioritized treatment.
- Experience with various medical conditions including □ Assisted residents with daily functions.
- Ensured safety and wellbeing of patients.
- Transported residents to and from different departments.
- Parkinson's, Dementia, Diabetes, Cancer and Alzheimer's disease.
- Assisted residents with bathing, dressing, hygiene and grooming.
- Completed all daily living tasks to enhance the quality of life of elderly patients
- Delivered and implemented residents plan of care under RN supervision
- Engaged patient with games, knitting, crafts, cooking, music, reading and other activities.

❖ Medical Ward RN

Kuwapani Hospital (July 2020 – June 2022)

Responsibilities:

- Assist in the delivery of direct care- showering, bathing, repositioning, pressure area, mouth and dental care, eye and ear care.
- Provision, removal and cleaning of bedpans/urinals.
- General ward ambulation and support mobilization as per plan of care.
- Assist with positioning, posture maintenance and comfort application of anti-thromboembolic stockings.
- Care of the deceased
- Simple wound dressings.
- Assist in the collection of clinical data as allocated by a RN: patient weighing/ specific measurements, patient observations, vital signs.

- Observed patients physical and psychological status and responses during the course of interactions within scope of knowledge and report changes to the RN.
- Documented all patients responses to direct care/assistance given, included in progress notes and clinical records.
- Maintained the appearance and function of equipment such as lifting and mobilizing aids, pressure reducing mattresses and other clinical devices.
- Encourage patient independence in respect to Activities of Daily Living (ADL) assistance.
- Implemented infection control standards with all work undertaken.
- Recreation and Leisure: Patient interaction(Participated in social activities; conversations, quiz, card games, bingo, newspaper, beauty care nail, hair.
- Ensure that the diet and treatment plans are accurately implemented.
- Prepared patient for test and procedures.
- Performed clerical and receptionist duties and maintained the physical environment of the area.
- Assisted the medical team in the assessment, diagnosis, monitoring and treatment of patients.

❖ Placement at Hammond Care Miranda, NSW

Responsibilities:

- Assisting residents with all activities of daily living which maintaining their privacy, dignity and confidentiality
- Ensuring a high standard of care, customer service and a culture that represents the mission and values of the home while working as part of a wider multidisciplinary team
- Providing companionship and support during daily activities
- Maintaining a safe living environment by minimizing or removing safety risks or hazards
- Using equipment to assist clients with limited mobility such as ceiling hoists, stand up lifters, slide sheets, cushions and wheelchairs.
- Preparing meals and serving it to every resident.
- Providing support and assisting residents to achieve maximum independence

- Assisting the lifestyle team in recreation activities for the shift
- Maintaining documentation and working as a part of team to ensure residents health and well-being are optimized
- Providing support in the orientation of new employees and agency staff as appropriate.
- Delivering activities that promote emotional and intellectual stimulation
- Delivering and implementing residents plan of care under RN supervision.

Academic Background

- Currently studying Diploma of Mental Health at ETEA (Education Training & Employment Australia)
- Certificate IV in Aged Care with Medication. Sydney, Australia 2022
- Certified Registered Nurse Practitioner 2020 Nepal Nursing Council
- Proficiency Certificate Level in Nursing 2019 Kathmandu Nursing Campus, Nepal
- Morgan International College Kathmandu, Nepal
- Morgan International School Kathmandu, Nepal

Other Skills and Qualifications

- Studied Midwifery and Gynecological Nursing I & II (1 year course)
- COVID-19 Infection Control Training
- Current Police Clearance
- A valid working with children check
- Completed NSW Health Vaccination for Healthcare Workers
- Knowledge of the new Aged Care Quality Standards
- Great understanding of Work Health and Safety (WHS) principles and risk management practices

- Trainings Completed for: First Aid, Basic Life Support, CPR, Manual Handling Certificate, Infection and Prevention Control and Fire Training
- Flexibility and adaptability
- Work well in a team environment and independently
- Professional Presentation
- Ability to liaise with a wide range of individual/residents from diverse social, financial and cultural backgrounds

References

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