

## Anil Gurung

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### Career Overview

#### **Completed 120 hrs of clinical placement (2024 July)**

Company: Beecroft Nursing Home

- Providing ADL's
- Implementing Quality Standard of care
- Manual Handling
- Efficient time management skills to handle multiple tasks and prioritizing the needs of the residents.
- Knowledge of infection control procedures and protocols

#### **Position: Professional Trainer (2022-June 2024)**

Company: Freedom Fitness (Kathmandu)

#### **Position: Marketing Manager (2023-June 2024)**

Company: Coffee of promise

### Skills and Attributes

- Well-developed communication skills
- Collaborative team player and ability to function autonomously.
- Proactive and self-motivated
- Excellent attention to detail
- Responsible and reliable
- Efficient organisation and time-management skills
- Results-driven and goal-orientated
- Diligent and able to multi-task
- Empathy and compassion
- Adaptable and flexible

### Education and Certification

- **Certificate III in Ageing and Disability (July 2024)**
- **Barista**  
Academy of speciality coffee (April 2024)
- **Cabin crew**  
Airhostess Training Institute (2022)
- **Bachelors in business administrative and Travel and Tourism (2019)**  
Apex college

- **Business Studies**

Himalayan Whitehouse International College (2015)

**Reference**

**Karina Khadka**

Registered Nurse

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**Rakshya Nepal**

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