

Gauri Shilpakar

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+61 403965705

## Personal Statement

Compassionate and motivated individual, eager to embark on a fulfilling career as an Aged Care Worker. Possessing entry level experience in the field but armed with a genuine passion for improving the lives of the elderly. Seeking a full time opportunity to contribute positively to the well-being of seniors while gaining hands-on experience and further developing my skills in a supportive and nurturing environment. With a positive attitude, quick learning and observation skills I thrive in creating a cheerful work environment and achieve excellence in any role.

### Trainings:

1. CPR training
2. First aid
3. Manual handling

### Certifications:

1. Certificate III individual support (Ageing and Disability)
2. First aid certification
3. CPR certification
4. Police check certificate

## Personal and Professional Skillset

- Compassionate and empathetic communication
- Strong interpersonal skills
- Ability to follow instructions and learn quickly
- Excellent observation skills
- Basic understanding of healthcare practices
- Willingness to assist with activities of daily living
- Team collaboration, leadership and management skills
- Proficient in MS Office (MS Word, MS Excel, Power point), Outlook

## Volunteer experience

Company name: **Woodport Aged Care Centre**

Location: 120-140 The Entrance Rd, Erina NSW 2250

Working period: 3 weeks (120 hours)

## Education

Bachelors of Science, Tri Chandra Multiple Campus, Nepal	2022
Higher Secondary School, Khwopa H.S. School, Nepal	2016

## WORK EXPERIENCE

2024            Casual Care Service employee at **Uniting Aged Care** (Bateau bay)

- *Supported patients in maintaining personal hygiene and grooming standards.*
- *Assisted patients with mobility, including transferring from bed to wheelchair and vice versa.*
- *Regularly measured and recorded vital signs such as blood pressure, temperature, pulse, and respiratory rate. Ensured accurate documentation of vital signs in patient charts.*
- *Notified nursing staff of any abnormal vital signs or changes in patient condition.*
- *Assisted patients with meal feeding, adhering to dietary restrictions and preferences.*

2023 - 2024    Shop assistant at **Harris Farm Markets** (Erina)

- *Knowledge of cash registers, Point of Sale Systems (POS).*
- *Cashiering (cash handling and management), cash accountability, credit cards, credit approval, credit management.*
- *Stock management and ordering merchandises.*

## References

Name: Soni Hada

Registered Nurse at Uniting Aged Care (Bateau Bay)

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Name: Niranjan Prasai

Oscars Training Centre

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