

Ganga Gurung  
14A Buffalo Road Oran Park, NSW 2570  
T: 0415047723  
E: [itsmeganga11@gmail.com](mailto:itsmeganga11@gmail.com)

**Personal summary:**

I am a self-motivated who is able to accomplish all her assigned responsibilities. I have broad knowledge of basic nursing procedures and as a true professional will always demonstrate compassion, dignity and respect when looking after resident. I am in good physical condition and mental shape. Also I am able to take proper care of day to day needs of people. I am full time available and can start a work immediately.

**Academic Qualifications:**

- 2019: Advance College of Health, NSW, Australia  
Provide First Aid HLTAID003
- 2019: Advance College of Health, Suite 203, Level 2  
11-15 Deane Street, Burwood, NSW, 2134  
Completed Aged Care Certificate III, in Individual Support (Ageing) CHC33015
- 2012: Master in Financial Management, Shanker Dev College,  
Tribhuvan University, Kathmandu, Nepal
- 2010: Bachelor of Business Studies, Sigma College, Shorakhutte,  
Kathmandu, Nepal

**Career :**

Assistant In Nursing: 19 August 2019 – 21<sup>st</sup> April 2023 Scalabrini Village, 167 Allambie Height, Allambie Rd  
Responsible for working and performing various duties to help residents in daily activity of living.

1. **Duties:**

- Managing Personal Hygiene Comfort and shower
- Managing Nutrition and then monitoring the eating habits
- Waste Handling and Management
- Observing a residents health concerns and reporting abnormalities to the charge nurse
- Sharps Waste and Clinical Waste Management
- Updating patients records
- Provide Individual support
- Identify Clean and Contaminated Zone
- Recording bowel and behavioural movement
- Communication and Team Work

## **2 Key skills and competencies:**

### **I. Nursing**

- Possessing superb manual dexterity and knowledge to handle lifters and equipment require for showering
- Physically fit with a lot of stamina and able to work within manual handling policies
- Completed first aid certificate
- Able to maintain personal hygiene to residents
- Good food handling techniques and feeding

### **II. Personal**

- Effective interpersonal, communication and teamwork skill
- Can establish good working relationships with supervisors and co-workers
- Committed to patients safety, comfort and privacy
- Proper time management

### **Job experience:**

-Macquarie Lodge Salvation Army Aged Care (171 Wollongong Road, Arncliffe) : 3 weeks of placement

Worked as assistant nurse.

Scalabirini Aged Care, Allambie Heights Village, 167 Allambie Rd, Allambie Heights NSW 2100, as Assistant Nursing since 19<sup>th</sup> August 2019.

### **Areas of experience:**

Bedside nursing

Patient care

Feeding

Showering and grooming

Laundry

### **Reference**

1. Shobha Paudel (AIN)

Thompson Health Care

1 Thompson Rd Cnr, Dick Johnson Dr, Oran Park 2570

Contact Number: 0403440586

[shovapdl8@gmail.com](mailto:shovapdl8@gmail.com)

2. Susmita Thapa

Thompson Health Care

1 Thompson Rd Cnr, Dick Johnson Dr, Oran Park 2570

[thapaasusmitaa@gmail.com](mailto:thapaasusmitaa@gmail.com)

Contact Number: 0450854501

3. Sushila Tamang (Registered Nurse)  
Scalabrini Village  
167 Allambie Rd, Allambie Heights NSW2100  
Contact number: 0430771173  
[susheela.tamang@scalabrini.com](mailto:susheela.tamang@scalabrini.com)
4. Kunjana Pokharel (Registered Nurse)  
Scalabrini Village  
28-34 Harrow Rd, Bexley NSW2207  
Contact No: 0450768963  
[kunjana\\_pokharel@yahoo.com](mailto:kunjana_pokharel@yahoo.com)