

Neha KC
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Objective

Compassionate and dedicated individual with a Certificate III in Aged Care and Disability seeking a part-time position as an Assistant in Nursing. Eager to utilize acquired skills and knowledge to provide high-quality care and support to elderly and disabled individuals in an organization that values enthusiasm, professionalism, and commitment.

Practical Placement Experience

Aged Care Placement Student
Bupa queens park– 142 Carrington Rd, Waverley NSW 2024
[11/06/2024] – [01/07/2024]

- Completed 120 hours of hands-on experience in a residential aged care facility.
- Assisted residents with daily activities, including bathing, dressing, and eating.
- Supported mobility by helping residents with walking and using mobility aids.
- Helped prepare and serve meals, ensuring nutritional needs and preferences were met.
- Participated in recreational activities to promote physical and mental well-being.
- Observed and reported changes in residents' health conditions to supervising staff.
- Maintained a clean and safe environment, adhering to infection control protocols.
- Provided emotional support and companionship to residents, fostering a caring environment.

Experience

Assistant in Nursing (AIN)

Bupa queens park– 142 Carrington Rd, Waverley NSW 2024

[23/08/2024 - present]

- Provided essential care and support to residents, including assistance with daily living activities, mobility, and dietary needs.
- Facilitated resident medication by listening to and addressing resident concerns, ensuring comfort and understanding.
- Monitored and recorded vital signs, reporting any irregularities to senior staff for prompt intervention.
- Maintained a safe and hygienic environment by following infection control protocols.

Education

1. Certificate III in Individual Support (Aged Care and disability) Australian community and management college– parramatta NSW [2024]
2. Studying **bachelor of nursing** from 2025 at Charles Darwin university sydney

Skills

- Patient care and assistance
- Basic medication administration
- Health monitoring and reporting
- Personal hygiene and grooming
- Meal planning and preparation
- Recreational activity assistance
- Emotional support and companionship
- Team collaboration
- Record-keeping and documentation
- Infection control procedures

Trainings:

- First Aid Training
- CPR Training

Certifications

- First Aid and CPR Certification
- Manual Handling Certificate
- Police Certificate
- Certificate III in Individual Support (Ageing/Disability)
- working with children check (WCC)

References

Available upon request.