



Laxmi Bhattarai

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Career Objective:

I am a responsible, caring and friendly with good work ethic and excellent morale. I have a deep passion for working with both children and elderly, as they represent some of the most vulnerable segments of our society and these age groups not only allow me make meaningful impact but also serve as wellspring of knowledge and experience. I uphold professionalism and compassion as my core values, ensuring a strong and unwavering commitment to providing quality care. I easily adapt to new environments, possess strong communication and observation skills, maintain a strong sense of accountability, setting me apart from others. I am inherently curious and always eager to learn and grow.

Personal Information:

Current address: 8 43 The Avenue, Hurstville, NSW 2220

Date of birth: 1998/06/05

Language known: English, Nepali, Hindi

Hobbies: Travelling, reading books, watching movie

Higher Education:

Bachelor 's of Information Management

Shanker Dev Campus

Availability

Full working rights

Professional Profile:

Completed **studying and work placement as certificate IV (Ageing)** caring elder and disable people documentations.

Trainings:

- Manual Handling
- Infection Control and Hand Hygiene

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- Dementia Handling
 - WHS Trainings
 - Cultural Diversities Trainings
 - Continence Management and Assessments

Personal Care Experience at Placement:

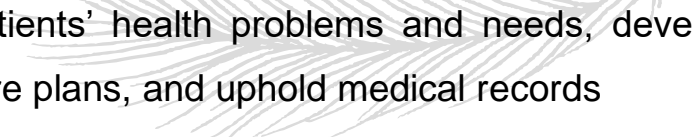
- Manage daily activities like clothing, grooming and toileting for residents
- Assist residents with meals
- Take and record resident vitals
- Escort residents to and from activities and doctor's appointments
- Performed light housekeeping tasks

Skills and Personal Attributes:

- Hands on experience in providing short term care and associate transition
- Providing confidentially, dignity and privacy to residents at all times
- Proficient in providing residents with both physical and mental stimulation
- Thorough understanding of problems related to aged resident in terms of attitude and patience
- Kind hearted and calm nature
- Proficient in basic use of computer including Microsoft Office
- Excellent in communication skills in written and verbal
- Resourceful problem solver capable of implementing solutions to complex problem
- Teamwork skills with demonstrated ability to work collaboratively as a part of multidisciplinary team

Key Responsibilities:

- Provide appropriate and need based patient care in different ward including geriatric ward
- Caring for and educating the patients and their family members about early recovery and ways of prevention of diseases

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- Assess patients' health problems and needs, develop and execute nursing care plans, and uphold medical records
 - Helping the patients according to their needs and perform procedures such as providing medication, cannulation, cleaning wounds and changing dressing, taking measurements, calibrating medical equipment and assist in activities of daily living of the patients in hospital
 - Perform all the duties following professional patient care standards and the organizational protocols at each facility
 - Provide comfort to the patient and maintain safety of the patient
 - Record patients' conditions in electronic files and update database
 - Monitor the patient condition frequently and alert ward in charge to any concerns or negative changes
 - Maintain a positive, caring and friendly environment at all times.

INTEREST

- Working for the community and society
- Aged care, disability care and childcare
- Basic computers with administration roles

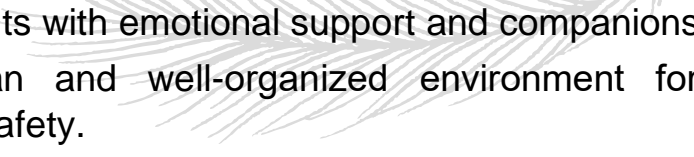
Work Experience:

Assistant in Nursing (AIN)

Hardi Aged Care (Manly Vale)

April 2024 Ongoing

Working as Assistant in Nursing since 29th February 2024, to 12th April 2024 in The Sisters of Our Lady of China (Alkira Gardens) and also casually working as Disability Support worker Top Health Care, the duties and responsibilities are:

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- Provided residents with emotional support and companionship.
 - Maintained clean and well-organized environment for the residents' happiness and safety.
 - Observed patients for changes in physical, emotional, mental or condition and injuries.
 - Improved patient outlook and daily living through compassionate care.
 - Assisted with meal planning to meet nutritional plans.
 - Followed care plan and directions to administer medication.
 - Created safe and positive living situations for clients by communicating with family and other staff about concerns or challenges.
 - Laundered clothing and bedding to prevent infection.
 - Aided with mobility and independence for disabled individuals and continually monitored safety.
 - Supported bathing, dressing and personal care needs.
 - Reported concerns to the nurse supervisor to promote optimal care.
 - Recorded client status progress and challenges in logbooks and reports.

Reference will be provided upon request.