

SHRISTI DHAKAL

Hornsby, Sydney, NSW 2077 | 0439425783 | shristidhakal07@gmail.com

Objective

As a dedicated public health student, I am eager to apply my knowledge and skills in promoting health and well-being in the fields of aged care and disability services. My goal is to contribute to creating inclusive, compassionate, and effective care environments, while advocating for the needs and rights of older adults and individuals with disabilities.

Personal Details

- **Visa Status** : Subclass 485 (Unrestricted working rights)
- **Visa Expiry** : July 04, 2029
- **Nationality** : Nepalese
- **Gender** : Female
- **Marital Status** : Married
- **Languages** : English, Nepali, Hindi

Work Experience

GSO (Killara Glades Care Community) (February 10, 2025 – Till now)

The tasks involved were as follows:

- Cleaning Duties.
- Catering Duties.

Education

CHC33021 Certificate III in Individual Support (Ageing and Disability) 2025
Advance College, Burwood, NSW

Bachelors in Public Health 2019-2024
Edinburgh International College, Biratnagar, Nepal

Skills & abilities

Skills I learned during my Bachelor's:

- Collecting, analyzing, and interpreting public health data; conducting literature reviews.
- Understanding epidemiological methods, disease surveillance, and outbreak investigation.
- Developing health education campaigns and materials; public speaking to diverse audiences.
- Analyzing and interpreting public health policies; advocating for health equity and resources.

- Building partnerships with community organizations; engaging diverse populations in health initiatives.
- Planning, implementing, and evaluating public health programs; budgeting and resource management.
- Crafting clear health messages; utilizing social media and digital platforms for communication.

Technical Skills

Technical Skills I have learned are as follows:

- Data analysis and Statistical Software
- Basic skills of Microsoft Office (Word, Excel, PowerPoint)
- Email and Internet
- Survey Design and Data Collection
- Public Health Surveillance
- Health Communication Tools
- Ethical guidelines in Public Health

Awards and Achievements

- **Participation Certificate for Public Health Professional Development Training:**
Organized by Youth Society Nepal in collaboration with Edinburgh International College.

Completed Projects

- I have done survey research regarding “**Oral Hygiene Among School Going Children**” at Global Educational Academy located in Damak Municipality, Nepal.

Social Links and Connections

LinkedIn : <https://www.linkedin.com/in/shristidhaka07/>