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INTRODUCTION

I am a compassionate individual with a passion for providing care to others. I have nursing experience which would be relevant to the role of a senior nurse with many transferrable skills and attributes such as good communication, good team player skills and empathy. Being a conscientious and dedicated person, i always provide the highest quality of and excel in any that i am given.

PERSONAL DETAILS

Date of Birth : 08-09-1990
Marital Status : MARRIED
Nationality : INDIAN
Sex : FEMALE
Religion : CHRISTIAN
Father's name : VARGHESE MATHEW

EXPERIENCE

	HDP HOSPITAL,KAIPUZHA,KOTTAYAM
15/09/2021 - Still working in this hospital	STAFF NURSE DEPARTMENT OF LABOUR ROOM AND SURGICAL WARD
	Grace medical centre kottayam, india
03-11-2014 - 29/06/2021	Staff nurse Department of Surgical ward.
	B.C.M HOSPITAL ,SITAPUR, U.P
02/05/2012 - 23/10/2014	Staff nurse Department of labour room and surgical ward.

EDUCATION

2006	GOVERNMENT GIRLS H. S. S CHERTHALA, ALAPPUZHA S. S. L. C (10'th standard)
2006 - 2008	St. MICHEALS H. S. S KUDAVECHOOOR, KOTTAYAM PLUS TWO
2008 - 2012	LOURDES SCHOOL OF NURSING, KOTTIYAM, KOLLAM DIPLOMA IN NURSING (THREE AND HALF YEAR)

DUTIES AND RESPONSIBILITIES

SURGICAL DEPARTMENT

- *Assesing, implementing and evaluating individualized patient care.
- *Preparation of the patient for new unit care.
- *Administration of medications, injections, iv fluids and blood products.
- *Monitoring vital signs.
- *Insertion of iv canulas and urinary catheters.
- *Assist patients in early ambulation.
- *proper hand washing and infection control technique.
- *proper handover and takeover of patients
- *admission procedure and orientation of units.
- *reassure the patient and gain their trust.
- *collecting blood samples for investigations.
- *meeting hygienic needs of the patient.
- *conducting rounds with doctors and carried out all patient care directives.
- *explaining to patients about the procedure or surgery and gaining consent.
- *assisted the procedures like CPR, endotracheal intubation, tracheotomy, pericardial effusion and lumbar puncture.
- *maintain good interpersonal relationship with the patient and relatives.
- *documentation and updating of documents.
- *post-operative care.
- *maintain intake output chart properly.
- *explain the patient about discharge information medicines, diet and follow-up.

EQUIPMENTS USED

- *patient monitor
- *defibrillator
- *ventilator
- *infusion pump
- *syringe pump
- *suction apparatus/suction machine
- *sterilizer/autoclave
- *IABP machine

Skills

- *pain management
- *administration of blood and blood products
- *obtaining blood from central venous line
- *iv therapy
- *care of drains /tubes(ie, hemovac etc)
- *providing for safe patient environment.
- *communication
- *patient rights

- *collaboration
- *problem solving

LABOR DEPARTMENT

- *assisted the physician during, treatment, examination surgical procedures.
- *administered prescribed medications monitored patients vital signs.
- *monitored fetal heart rate for abnormalities and communicated them to the physician on duty.
- *modified patient's treatment plan as required by the patient's responses and condition.
- *provided pre-, intra- and post operative care to patients undergoing c-section.

EQUIPMENTS USED

- *labor cot
- *NST machine
- *vacuum apparatus
- *radiant warmer
- *exam light
- *infant warmer
- *phototherapy unit

Skills

- *cervical dilation assessment
- *vacuum/forceps/vaginal delivery assistance.
- *labor status assessment
- *iv insertion
- *patient rights
- *communication
- *collaboration
- *problem- solving

SPECIAL PROCEDURES ASSISTED

- *CPR
- *Endo Tracheal intubation
- *Tracheotomy
- *lumbar puncture
- *pericardial effusion
- *Internal cardiac massage
- *vacuum/forceps/vaginal delivery
- *cervical dilation and labor status

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Medical director

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Nursing superintendent

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