

## **Ritika Gharti**

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### **OBJECTIVE**

Experienced aged carer with a caring personality, effective communication skills and basic health care knowledge looking for the responsible job of aged care worker. Seeking to leverage my skills and knowledge to provide exceptional care and support to residents while contributing to a positive and efficient work environment.

### **EDUCATION**

Certificate IV in Aged Care

St.Vincent's Care Services, Heathcote

### **CERTIFICATIONS**

- Certificate IV in Ageing Support (CHC43015)
- First-aid management and CPR (Australian Resuscitation Council)
- Police Check

### **WORK EXPERIENCE**

Worked as Assistants in Nursing (AIN)

St.Vincent's Care Services, Heathcote

- Assisting clients with activities of daily living such as showering, oral care, skin care, dressing/undressing, helping to the bathroom or to use commode, bedpan, or urinal.
- Well-aware about documentation, charts, progress notes, incident reports and so on.
- Maintain a hygienic and safe working environment in compliance with the healthcare procedures.
- Highest quality of personal care for the residents like showering, shaving, use of the hoist, use of machinery equipment's etc.

### **SKILLS**

- Excellent communication and interpersonal abilities.
- Proficient in implementing infection control procedures.
- Ability to provide medication assistance in a safe and responsible manner.
- Strong understanding of waste management principles.
- Skilled in developing and executing personalized care plans.
- Empathetic and patient-centered approach to caregiving.

- Team player with the ability to collaborate effectively with colleagues and professionals.

**Personal reference**

Kripa Neupane

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