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Ayush Raut

## SUMMARY

Seeking Assistant in Nursing position where I can leverage my compassionate nature and dedication to providing quality healthcare. Eager to apply my skills in patient care and health promotion to contribute effectively to the well-being of individuals and the community. Committed to providing person-centered effective care to individuals in aged care.

## OBJECTIVE

- To understand the aged care system in Australia
- Assist in delivery of person-centered care.
- Want to gather knowledge of aged care standards and delivery of care towards elderly.
- Improve interpersonal skills.

## EDUCATION

### **Masters of Accounting (Ongoing)**

Crown Institute of Higher Education

### **Certificate IV in Individual Support**

Victoria Healthcare College

## INTERNSHIP AND PLACEMENTS:

Thomson health care St Ives Home

Certificate IV placement

Duties:

- Assisting residents with ADLs such as showering, toileting, etc.
- Assisting residents with mobility
- Assist residents with feeding, have positive dining experience and provide support during meals.
- Provide emotional support to residents and encourage to participate in recreational activities.
- Provide companionship to residents.
- Ensure residents privacy and dignity is respected.
- Work with team to provide ultimate care to residents.

- Communicate effectively with residents, families, and team.
- Assisting RNs with documentation and monitoring of residents.

**Program: Personal Care and Social Engagement.**

Institution: Paropakar Oldage Home

Date: 27/10/2075 to 27/02/2076 (February 10, 2019 to June 10, 2019)

## EXPERIENCE

### Present

Pulp and Grind

Customer Service

Duties:

- Communicate effectively with customers, understand their preferences and dietary restrictions.
- Collaborate with colleagues to ensure smooth operations during busy periods.
- Manage multiple tasks effectively in a fast-paced environment, including food preparation, serving customers, and handling transactions.
- Maintain cleanliness and hygiene standards in the workplace.
- Adhere to strict health and safety standards to ensure food safety and prevent contamination.

## SKILLS

- Having Cert IV training.
- Compassionate and empathetic.
- Proficient in using Microsoft Office tools and Outlook for effective communication and documentation.
- Strong organizational skills with a high level of confidentiality, accuracy, and professionalism.
- Excellent written and verbal communication skills in English and Nepali.
- Proven ability to work autonomously, demonstrate initiative, and make independent decisions.
- Diligent and detail-oriented with the ability to manage multiple tasks and meet deadlines effectively.

## REFERENCE

Available upon request