

PRATIVA POUDEL

Personal details:

Address: 8/40 Northumberland Rd, Auburn

Contact no: 0450043662

Email: prativapoudel28@gmail.com

Availability: Part Time and Casual

Career Objectives: To continually develop my knowledge in a health profession environment (Nursing) where initiative and strong communication and working skills are highly valued.

Education & Credentials:

1. Certificate III in individual support (Ageing and disability) Completed, Aussieglobe)
2. Completed management courses at higher secondary school in Valmiki College, Bharatpur, Nepal in 2020.
3. Currently studying Bachelor of community service in stott's college.

Qualifications:

1. Liaising with multidisciplinary team to get better outcome for patient's health.
2. Meeting the hygiene needs of patients including sponging, bathing and showering of patients.
3. Attending pressure area care.
4. Observation/ recording/ reporting and disposal of excreta.
5. Urine testing/ urinalysis.
6. Weighing of patients, measuring of height and girth.
7. Applying TED stockings, Plaster checks.
8. Preparing and receiving patients from Operating Suites.
9. Neurovascular observations.
10. Feeding Patient's orally, assisting with patient's mobility.
11. Perform within infection control guidelines.
12. Encourage patients with deep breathing and coughing exercises.

13. Write nursing reports which must be countersigned by the Registered nurse.
14. Attend to and record temperature, pulse, respiration, oxygen saturations and blood pressure and apex beats.
15. Manual handling of patients, Personal hygiene care Simple wound care management.

Strengths & Achievements

1. Teamwork and quick learning ability
2. Maintain friendly environment with teammate
3. Thorough understanding of problems related to aged residents in terms of attitude and patience
4. Working knowledge of medical terminology
5. Excellent communication skills
6. Kindhearted and calm nature

Experiences:

1. Student placement for certificate III in individual support (RFBI concord community village)
4A Cavell Ave, Rhodes NSW 2138

References will be provided upon request