

# Deepika Pateny

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Address: 81 Church Street, Lidcombe, NSW 2141

## Objective

Enthusiastic and very competent career with a friendly personality, excellent communication skills and a genuine desire to support others. I am diverse multi-skilled, self-driven, devoted to providing everyone specific attention and medical attention needed. A proven ability to meet service user's personal care needs in a manner that supports the dignity of the individual and promotes independence.

Currently, I am in search of Part time work in this field of age care. I wish to have my career which employs my skills and expertise fully to join the organization which values enthusiasm, professionalism, and commitment to perform significant responsibilities and opportunities. I am considering applying for a job as a care worker since I really believe that I can do a good job in this area.

## Key Skills

- Strong interpersonal and communication skills
- Patient, empathetic, and attentive to individual needs
- Ability to build trust and rapport with diverse groups
- Organizational and time management abilities
- Basic knowledge of health and hygiene practices
- Eager to learn new skills and adapt to team environments

## Educational Qualification.

18 March 2024

Certificate III in Individual Support (Ageing and Disability)

Block Learning Pty. Ltd

Provide First Aid

Provide CPR (Cardiopulmonary resuscitation)

## Responsibilities;

- Provided personal care and support to clients in their homes, including assistance with bathing, dressing, and medication administration.
- Developed and implemented care plans in collaboration with clients, families, and healthcare professionals.
- Assisted clients with mobility and transportation, including accompanying them to medical appointments and social activities.
- Monitored clients' health and wellbeing and reported any changes or concerns to healthcare professionals.
- Maintained accurate records and documentation in compliance with healthcare regulations.
- Communicated effectively with clients, families, and colleagues to ensure the highest quality of care.

#### **Certificate:**

- Certificate III in Age Care
- Covid Vaccination
- Police Check
- NDIS check
- Working with Children Check

#### **Training:**

#### **Completed placement of 120 hours in RFBI, Rhodes.**

- Manual Handling
- Basics first aids and CPR certifications.
- Dementia Handling
- Elder Abuse Training
- Infection Control and Hand Hygiene
- Cultural Diversity Training
- Cardiopulmonary Resuscitation

#### **Experience from placement:**

- Assisting the residents for daily care as clothing, grooming, showering, and toileting.
- Assisting the personal care activities for clients.
- Communicating with the resident in proper manure.
- Assisting with the meals and lunch.
- Monitoring and recording resident vital signs. Manual handling of the residents to and from activities floor.
- Perform light housekeeping tasks.

- Prepare documentation for the client progress.
- Assisting residents with their appointments and refreshment activities.
- Report any incident to RN.
- Provide equipment support for resident mobility.
- Provide care for paralysis patients, dementia patients.
- Worked with health and safety guidelines.

**REFERENCES;**

RN- Naina Thapa Magar

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