

AADITYA THAPA

STUDENT NURSE

CONTACT

- 0466980903
- aaditya.thapa25@gmail.com
- Auburn, NSW, 2144

SKILLS

- Medication Administration (IV, Subcut & Oral).
- Patient Assessment & Monitoring.
- Accurate Documentation
- Time Management
- Critical Thinking & Problem-Solving.
- Patient & Family Education.
- ISBAR Communication
- ECG Administration
- Engage in therapeutic and professional relationships.
- Catheter Care & Removal
- Wound Care & Dressing
- Safeguarding and Risk Assessment.
- Family-Centred Care.
- Infection Control

EDUCATION

Bachelor of Nursing

Torrens University

2023-2025

Currently enrolled at last Trimester of 2nd year.

LANGUAGES

English

PROFILE

I am a compassionate and dedicated nursing student with rotational experience and a background as a caretaker. Demonstrated ability to provide exceptional patient care and support while working in diverse health care settings. Skilled in applying theoretical knowledge to practical situations and collaborating effectively with interdisciplinary team. Proficient in medical terminology, patient assessment and implementing care plans.

WORK EXPERIENCE

NDIs Support Worker

Diligent Care 2022-present

- Provided personalized care and support to individuals with Autism Spectrum Disorder (ASD), assisting them with daily living activities such as personal hygiene, meal preparation, and transportation.
- Developed and implemented individualized care plans, tailored to meet the specific needs, goals, and preferences of each client.
- Collaborated with multidisciplinary teams, including therapists, social workers, healthcare professionals, and families, to ensure a holistic approach to care and support.
- Monitored client progress and maintained accurate records of behavioral and emotional changes, reporting critical information to healthcare professionals when necessary.
- Managed challenging behaviors using positive reinforcement, sensory integration techniques, and other evidence-based interventions.
- Applied de-escalation techniques and crisis management strategies during high-stress situations to maintain a safe and supportive environment.
- Promoted independence by encouraging the development of social, vocational, and educational skills, enabling individuals to achieve greater autonomy.

Student Nurse

Summit care Baulkham Hills (Nursing Placement 80hrs) 04/12/2023-15/12/2023

- Assisting with daily care activities: bathing, dressing, feeding, and mobility assistance for elderly residents.
- Monitoring vital signs (blood pressure, temperature, pulse) and reporting findings to senior nurses.
- Assisting in wound care and dressing changes.
- Conducting health assessments and documenting resident conditions.
- Building therapeutic relationships with residents, maintaining their dignity and independence.
- Communicating effectively with residents, their families, and the healthcare team.
- Familiarity with care standards in aged care, including infection control, hygiene, and safeguarding vulnerable individuals
- Knowledge of legal and ethical responsibilities in elder care.
- Reflecting on learning experiences to enhance nursing skills.
- Receiving and implementing feedback from supervisors to improve patient care.

WORK EXPERIENCE

Student Nurse

Norwest Private Hospital (80 hrs placement)

19/08/2024-30/08/2024

- Competently administered IV, Sub-cut and oral medications following proper protocols and safety standards.
- Performed regular patient observations (vital signs, BSL checks) and promptly reported abnormal findings.
- Conducted ECGs to monitor patients' heart activity, ensuring accuracy and correct interpretation by healthcare professionals.
- Accurately documented patient progress in medical records and completed progress notes.
- Worked within a multidisciplinary team to ensure patient-centred care, demonstrating teamwork and communication skills.
- Safely and efficiently removed urinary catheters, following sterile procedures to prevent infection.
- Applied and changed wound dressings, ensuring wound hygiene and proper healing
- Assisted in applying compression stockings to improve circulation and prevent blood clots.
- Used the ISBAR framework for clear and effective patient handovers.
-