

YEN KUMARI THAKURI

CONTACT

0410983689

thakuriaasheeka@gmail.com

306/23-25 Churchill Avenue Strathfield 2135

SKILLS

- Ability to work successfully with others on collaborative projects and efforts
- Productive worker with a solid work ethic to exert optimal effort in completing tasks
- Skills for patients' care
- Capable of handling patients
- Honest, sincere, hardworking, polite, and dedicated
- Competency in MS-Word, Excel, PowerPoint

REFERENCE

Raj J Chhetri 0421517102
jungchhetri70@gmail.com

Jharana Shrestha 0423727427
aashnaashrestha@gmail.com

CERTIFICATES

- Certificate IV in Ageing Support
- First Aid and CPR
- NDIS Worker Orientation
- Current Vaccination
- Police Check
- National Hand Hygiene Initiative
- Basic Life Support



WORK EXPERIENCE

- Bupa Aged Care**
Dural, NSW

Finished Placement on May 2024

 - Helping resident with Feeding, Showering, and changing pads
 - Assisting with personal hygiene
 - Helping with Bowl Movement
 - Ensuring their Safety and maintaining their Dignity
 - Providing mobility and emotional support
 - Ensuring Residents are eating and drinking regularly at appropriate times
- Support Foundation**

3 Weeks

 - Providing emotional support
 - Helping clients with activities of daily living
 - Maintaning their records and help them in participate in social activities
 - Ensuring their Safety and maintaining their Dignity Health support
- Woolworths Group Limited, Chatswood**
East, NSW, Bakery Team member

 - Working cooperatively in a team with other bakery staff
 - Delivering Quality and fresh baked goods
 - Helping to the customers
 - Filling and maintaining the stocks
 - Stocking and Merchandising



EDUCATION

- +2 Management Major in Business**
Bright Future College , Kathmandu Nepal

2018-2020
- Diploma in Leadership and Management**
Aapoly College, Sydney NSW

2023-2024
- Bachelor in Leadership and Management**
Aapoly College , Sydney NSW

2024-Current