YASHODA B K

Hornsby, Australia 2077 | 0415872822 | yashodabk1999@gmail.com

Summary

Compassionate Certified Nursing Assistant with experience in providing patient care in various healthcare settings. Skilled in assisting patients with daily living activities, monitoring vital signs, and maintaining patient records. Demonstrated ability to build strong relationships with patients and work effectively within multidisciplinary medical teams. Proven track record of improving patient comfort and safety through dedication and empathetic care.

Skills

- Patient-focused care
- Mobility Assistance
- Infection control procedures
- Documenting behaviors

- Transporting patients
- Care plan implementation
- Vital signs monitoring

Experience

AIN | 09/2021 - Current

Hammond Care - Wahroonga , NSW 2076

- Transported patients to treatment units, using wheelchair or strher.
- Answered call lights promptly and responded to patient needs accordingly.
- Turned and repositioned bedridden patients on a regular schedule to prevent bedsores.
- Observed patients for any changes in their physical or mental condition.
- Cleaned and sanitized patient rooms according to established protocols.
- Served meals to patients in their rooms and assisted with feeding when needed.
- Performed housekeeping duties such as changing linens and cleaning bathrooms when necessary.
- Collected specimens for testing purposes upon request from physicians or nurses.
- Assisted patients with activities of daily living such as bathing, grooming, and dressing.

CERTIFIED NURSING ASSISTANT | 12/2022 - 11/2023

Wahroonga House- Thompson Healthcare - Wahroonga , NSW 2076

- Assisted patients with activities of daily living such as bathing, grooming, and dressing.
- Maintained accurate records of patient care, condition, progress, or problems for review by medical staff.
- Cleaned and sanitized patient rooms according to established protocols.
- Managed and maintained patient rooms, shared-living areas and nursing stations.
- Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets.
- Assisted with lifting patients to move on or off beds, examination tables and surgical tables.
- Kept medical supply room and patient rooms stocked with necessary supplies, equipment and instruments.

Education

University of Canberra - Sydney Hills | Bachelor Of Nursing

Nursing

Future College - Sydney NSW | Diploma of Accounting

Accomplishments

- Highly appreciated for my hard work and efforts wherever I had worked
- Highly appreciated at my work placement for my quick learning attributes

Languages

English:

Full Professional

Nepali:

Full Professional

References

References available upon request.