



# SABINA ADHIKARI

53-55 alexandria parade, Waitara ,NSW  
2077

0478128007

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VISA STATUS: SUBCLASS 482 TEMPORARY SHORTAGE SKILL

VISA / DEPENDENT

## EDUCATION

2015-2018  
MADHYABINDU MULTIPLE COLLEGE  
MAJORING PHYSICS/ CHEMISTRY/BIOLOGY  
KAWASOTI, NAWALPARASI/GANDAKI PROVINCE, NEPAL

## CERTIFICATES

- CERTIFICATE IV IN AGEING SUPPORT
- FIRST AID AND CPR
- NDIS WORKER ORIENTATION
- CURRENT VACCINATION
- POLICE CHECK
- NATIONAL HAND HYGIENE INITIATIVE
- BASIC EMERGENCY LIFE SUPPORT

## EXPERIENCE

Support Foundation, Roselands, NSW

- HELPING CLIENT WITH FEEDING, BATHING AND CHANGING PADS.
- PROVIDING MOBILITY AND EMOTIONAL SUPPORT
- ASSISTING WITH THE PERSONAL HYGIENE.
- HELPING WITH THE BOWEL MOVEMENT.
- ENSURING THEIR SAFETY AND MAINTAINING THEIR DIGNITY
- ENSURING CLIENTS ARE EATING AND DRINKING REGULARLY AND AT APPROPRIATE TIME.

My Care Choice , North Turrumurra  
(Home Care)

- TO LOOK AFTER THE PATIENT AND HELP WITH THEIR HOUSEHOLD CHORES SUCH AS BASIC COOKING, LAUNDRY AND CLEANING.
- PROVIDING MORAL SUPPORT.
- BRINGING GROCERIES AND HEATING UP THEIR FOOD.
- HELPING THEM WALK AROUND IN WHEELCHAIR.
- HELPING WITH THEIR DAILY ACTIVITIES.

Serco Company ( Cleaning)

- SCHOOL CLEANING, MOPPING, SWEEPING AND WIPING THE GLASSES, BENCHES AND TABLE.
- CLEANING THE TOILET AND BATHROOM.
- SANITIZING ALL THE HAND- TOUCHED AREA.

## SKILLS

- MOBILITY ASSISTANCE
- MAINTAIN HYGIENE AND SANITATION
- PROFESSIONALISM
- ORGANIZATION
- MULTITASKER
- POSITIVE ATTITUDE

## REFERENCE

REFERENCE UPON AVAILABLE