



VIJETA VANDNA PRASAD

Details

21 Verrills Grove

Oakhurst NSW 2761,
Australia

0403 734 799

vijetaprasad14@gmail.com

DATE OF BIRTH

16/10/1996

NATIONALITY

FIJIAN

Skills

Preventative Health

Chronic Disease Management

Staff Supervision

Infection Control and Aseptic
Procedures

Triaging

Personal Care Needs

Patient Advocacy

Patient Safety

Critical Thinker and problem
Solver

Cultural awareness

Highly organized

Strong Interpersonal
Communication Skills

Dedicated to the profession

Proficient with Microsoft Word,
Excel and PowerPoint

Professionalism & Empathy

Cultural awareness

Knowledgeable in Medical
Terminology and Procedure

Keen observational skills

Profile

- Australian Student Visa (subclass 500) Granted on 14th March, 2023.
- Having unlimited work rights, Visa Grant Number 1389547657128.
- Compassionate and dedicated Registered Nurse with more than four years of professional experience in healthcare with success in providing individualized patient care. Committed to delivering best-in-class patient care through effective education and counseling, proven leadership focused on increasing and enhancing patient care and satisfaction as well as streamline safety protocols for comprehensive patient care.
- Well-versed and experienced in offering comprehensive patient care in outpatient environments whilst working well with diverse patient populations and fosters trusting relationships to improve outcomes. Efficiently coordinate with healthcare professionals to advance patient care with progressive career history in direct patient care, triage and care coordination in fast-paced environment. Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations and consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

Employment History

Registered Nurse, Colonial War Memorial Hospital, Fiji

APR IL 2019 — 2023 MARCH

- Worked in the COVID-19 Teams as well as was part of the COVID-19 Team rotations for 3 months (May to September).
- Provided high-level care while working in COVID-19 Wards in taking utmost care and looking after critical COVID-19 patients.
- Worked in each department of the CWM Hospital for 3 monthly rotations in each wards which included: Emergency Department, PAEDS Department, Medical & Surgical Ward, Maternity Unit, PICU Department, New Surgical Department and Women's Medical Ward.
- Provided direct patient care, stabilized patients and determined next course of action.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Managed care from admission to discharge.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Participated in nursing simulation activities, evidence-based practice project implementation and competency development to further nursing education.
- Kept optimal supply levels in treatment rooms, triage and other areas to meet typical patient loads.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.

Effective Time Management Skills

Kind & Compassionate

Acquire excellent Technological

Hobbies

Voluntary Work, Playing Sports (Soccer, Tennis, Netball, Basketball), Club Membership, Socializing, Travelling, Listening to music, Swimming, Reading.

Languages

ENGLISH

HINDI

FIJIAN

- Led successful team comprised of RNs, LPNs and ancillary staff.
- Delivered proper care to victims of domestic violence at urgent care clinic.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Provided exceptional care to high-acute patients needing complex care such as ventilator management, extensive wound care and rehabilitation.

Intern Nurse, Samabula Health Center/ Old Peoples Home, Fiji

JANU ARY 2020 — APR IL 2020

- Maintained continuity of care by communicating changes in patient condition with physicians, family members and other care team members.
- Assisted with activities of daily living by helping patients with bathing, changing clothes, eating and daily hygiene tasks.
- Assisted patients with day-to-day functions, ensuring continence management, doing light domestic duties.
- Providing companionship, as well as offering physical, emotional support and building trusting relationships.
- Applied clean dressings, slings, stockings and support bandages to protect patient wounds and prevent infections.
- Assessed patients and assisted in devising treatment methods designed to reduce pain and discomfort.
- Practiced patient care by taking vital signs and providing wound care for patients.
- Collected, labeled and transported specimens to prepare for laboratory testing.
- Communicated with patients to ascertain feelings and need for assistance or social and emotional support.
- Explained course of care and medication side effects to patients and caregivers in easy-to-understand terms.
- Quickly responded to situations impacting safety and security to unit, actualizing crisis prevention interventions to control and de-escalate situations.
- Conducted ongoing monitoring and evaluations of behaviors and conditions, and updated clinical supervisors with current information.

Student Nurse, Fiji School of Nursing/ CWM (Fiji)

FEBR UARY 2016 — A UG UST 2018

- Collaborated with nurse preceptors and other medical staff to achieve quality patient outcome goals.
- Transported patients between unit rooms and scanning locations for diverse procedures.
- Vaccinated patients to protect individuals from measles, pneumonia, influenza and other illnesses of concern.
- Worked alongside experienced nursing professionals to learn new procedures.
- Built rapport with patients and members of patients' support systems.
- Administered medications via oral, IV and intramuscular injections and monitored responses.

- Administered close patient care, checked vital signs and monitored telemetry.
- Delivered exceptional care to patients by helping with mobility and daily living requirements.
- Completed medical facility experience while under supervision of qualified staff.
- Cared for each patient according to care plan and physicians' instructions.
- Assisted patients with personal hygiene requirements and monitored conditions to update nursing staff.

Education

Bachelor's Degree in Nursing, Fiji School of Nursing, Fiji.

FEBRUARY 2016 — AUGUST 2018

FSFE, Sigatoka Andra College, Fiji

JANUARY 2015 — NOVEMBER 2015

- School Prefect.
- Participated in the School Variety Concert.
- Participated in Inter-house Athletics.
- Certificate of Distinction- South Pacific Physics Quiz.
- Volunteer Work (clean up campaign/community service & Red Cross).

FSLC, Nasinu Secondary School, Fiji

JANUARY 2014 — NOVEMBER 2014

- School Prefect- Middle Grade
- Certificate of Participation- Student Leadership Seminar.
- Participated in the School Variety Concert.
- Member of the School's Kula Films Production Team.
- Participated in Inter-house Athletics.
- Volunteer Work (clean up campaign/community service & Red Cross).

FJC, Methodist College, Fiji

JANUARY 2012 — DECEMBER 2012

- Senior Prefect- Junior Grade.
- Certificate of Participation- Student Leadership Seminar.
- Certificate in the Chemical Society of the South Pacific Regional Competition.
- Participated in the School Variety Concert
- Member of the School's Kula Films Production Team.
- Participated in Inter-house Athletics.
- Volunteer Work (clean up campaign/community service & Red Cross).

Courses/ Trainings

IV Cannulation Certificate, CWM Hospital, Fiji

JUNE 2020

Breast Cancer Awareness, CWM Hospital, Fiji

OCTOBER 2020

COVID-19 Infection Prevention Control- Central Division, Holiday Inn, Fiji

MAY 2022

COVID-19 Infection Prevention Control- Western Division, Radisson Resort, Fiji

JUNE 2022

Stress Management Training, CWM Hospital, Fiji

JULY 2022

Referees

1. Title: Nurse Unit Manager

Name: Melaia Mara

Email: melaiamara2020@gmail.com

Phone Contact: +679 9249449

Relationship: Supervisor (COVID Ward)

2. Title: Immunization Coordinator

Name: Sagita Sharma

Email: sharmasagita@gmail.com

Phone Contact: 9229233

Relationship: Supervisor