

# PROFESSIONAL SUMMARY

Dedicated Support Worker with extensive experience, skilled in client assessment and documentation. Proven ability to enhance clients' quality of life through compassionate personal care and effective communication. Committed to maintaining health and safety standards while fostering independence and dignity in daily living activities.

### **SKILLS**

- Daily living support
- Confidentiality and privacy
- Personal care assistance

## EXPERIENCE

#### Aged Care Worker

Advantaged Care | Geroge Manor, NSW

- Bathed, dressed, and groomed clients to help service users maintain good hygiene practices.
- Offered care and companionship to homebound clients with mental or physical limitations.
- Maintained detailed documentation of client progress, challenges, and concerns for review by healthcare team members.
- Implemented strategies for managing challenging behaviors in clients with cognitive impairments or mental health issues.
- Responded calmly during emergencies, following established protocols while prioritizing client safety.
- Monitored clients' vital signs and reported any abnormalities to medical staff.

#### Support Worker

Coccon Sda Care | Miranda, NSW

- Transported clients to medical appointments, errands, or community events using personal trasportation.
- Collaborated with interdisciplinary teams of healthcare professionals to ensure optimal care delivery.
- Prepared nutritious meals according to individual dietary needs and preferences.
- Assisted clients in developing independent living skills through coaching and hands-on training.
- Assisted clients with daily living activities, such as bathing, dressing, and grooming.
- Maintained clean and safe environment for clients by performing housekeeping duties.

Support Worker Nobility Care Australia PVT LTD | Miranda

October 2024 - Current

April 2024 - April 2025

May 21, 2025 - Current



Client assessment

Empathy and patience

# Documentation and reporting • Health and safety awareness

- Housekeeping tasks

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### EDUCATION

Certification - Individual Support Australian Community and Management College, Sydney

Diploma - Nursing Nepalgunj Nursing Campus, Nepalgunj

LANGUAGE

English Intermediate (B1) Hindi Advanced (C1)

Nepali Proficient (C2)

#### REFEREES

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