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# Objective

Compassionate and dedicated Assistant in Nursing (AIN) with hands-on experience in age care and support, gained in both Australia. Skilled in providing patient-centred care, ensuring safety and comfort, and assisting with daily activities. Seeking an AIN position where I can contribute to the well-being of patients and support the healthcare team.

### Skills

• Patient Care: Experienced in assisting with personal hygiene, mobility, and daily activities, ensuring dignity and comfort.

• Observation & Reporting: Proficient in observing patient conditions and promptly reporting any changes to the nursing team.

• Infection Control: Knowledgeable in infection control protocols and maintaining a clean and safe environment.

• Communication: Effective communication skills with patients, families, and healthcare professionals, promoting a collaborative care environment.

• Cultural Sensitivity: Experienced in providing culturally safe and respectful care, particularly with vulnerable populations.

## Experience

## Whiddon Age care, Kelso

## 1 year experience

Started from 7 November, still working there.

Have medication competency

Provided compassionate care and assistance to residents, supporting their physical, emotional, and social needs.

• Assisted clients with daily living activities, including personal hygiene, mobility, and meal preparation.

• Observed clients for any health or behaviour changes, reporting findings to supervisors.

• Collaborated with families and healthcare teams to ensure holistic care.

• Assisted nursing staff with patient care tasks, including bathing, feeding, and transporting patients.

• Monitored and recorded vital signs, reporting any abnormal findings to nursing staff.

• Maintained a clean and safe environment by adhering to strict hygiene and infection control protocols.

• Supported patients in maintaining mobility and exercise as directed by the healthcare team.

## Education

Got 90 percent in medical field in my secondary education

Started doing Bachelor of Nursing in Charles Sturt University in Bathurst.

I am in second year and have done placements of second year in opal healthcare and Bathurst base hospital

References: Gagan Kaur 0473944384 Chitmansingh94@gmail.com and

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