# Reeyaz Shrestha

#### **PROFILE & SKILLS**

I am a young, open-minded, energetic, and fresh Undergrad student looking to expand my knowledge in any sector. I am a sincere and reliable person and know the value of ethics.

As a Support Worker in a disability company, I have been dedicated to providing compassionate care and assistance to individuals with disabilities. My responsibilities have encompassed a range of tasks including offering emotional support, facilitating activities of daily living, and fostering independence among clients. I have demonstrated proficiency in implementing personalized care plans, promoting social inclusion, and ensuring the safety and well-being of those under my care. I have built trusting relationships with clients and their families through effective communication and empathy, contributing to a positive and supportive environment. My commitment to enhancing the quality of life for individuals with disabilities drives my passion for this role.

#### CONTACT

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#### Address

223 Dalmatia Avenue, Edmondson Park, 2174, NSW

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# **EDUCATION**

Sae Creative Media Institute, Chippendale, Sydney Campus Diploma of Film 2022- 2023

### Asia Pacific International College, Parramatta, Sydney

Bachelor of Business Information System 2023- current

## WORK EXPERIENCE

#### Quality Health Care, Carlton April 2024- Current

**Disability Support Worker** 

#### Aligned Community Care Pty Ltd, Austral Sep 2023- Current

Support Worker

#### Visual Stories Nepal, Butwal Nepal January 2018- June 2021

Event Photographer, Part Time

## **SKILLS & Knowledge**

**Customer Service Skills:** Strong Communication, Written Skills, and Organizational Skills.

**Computing Skills**: Computer skills related to documentation, gaming, fluent in Microsoft (Powerpoint, Excel, Word, Outlook) and more.

**Problem Solving & Interpersonal Skills:** Diligent, Energetic, and high attention to detail.

# References

Nayan Raj Duwadi Position : Team Leader Email id: duwadinayan52@gmail.com Contact Number: +61411354734

#### Gabrielle Vella

Position: HR Email id : gabrielle@qualityhealthcare.com.au Contact Number: +6195986000