

BERNADETH DELA CRUZ

6 DAWN COURT,
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Professional Summary

Compassionate and dedicated in providing exceptional patient care. various healthcare settings. Skilled in conducting comprehensive assessments, developing and implementing effective care plans, and ensuring the highest standards of Family Educator, Beauty Therapist, and as a cook. Adept at fostering strong relationships with families, clients, customers and interdisciplinary supervisors/team.

Skills:

- Patient Assessment and Care Planning
- Interdisciplinary Team Collaboration
- Critical Thinking and Problem-Solving
- Strong Communication and Interpersonal Skills
- Compassion and Empathy
- Attention to Detail
- Client services
- Effective team player
- Interpersonal Skills

Education:

- **Individual Support III**
International Institute of Education And Training (2024)
- **Diploma Of Beauty Theapist**
Australian Academy Of Beauty Therapy (2017)
- **Childcare certificate III**
Metro (2014)

Experience:

2024 Disability Support Student Placement (Bupa Aged Care Clempton Park)

Quality Health Care

- Conduct comprehensive patient assessments
- Provide direct and compassionate care to patients..
- Collaborate with interdisciplinary healthcare teams to develop and implement effective patient care plans.
- Assist with meal Preparation, assist toileting/bath and light household chores whilst promoting independence.
- Assist with light physical activities and therapies in aim to increase physical activities.
- Encourage client/resident to practice personal choice and control whilst being in a safe environment.
- To adhere to the policies of the organization

- To work closely with the staff and actively participate in the learning process.

2019 - 2022 The FiLoz restaurant Cafe, Bar and Grill, Campbelltown Manager

- Maintaining Health and safety standards.
- Planning Menus.
- Creating Schedules.
- Handling customer complaints.
- Inventory management.
- Control costs and minimize waste
- Coordinating daily restaurant management operations.
- Maintain a positive restaurant culture.
- Onboarding and Training staff.
- Recruiting and training staff
- Conflict solutions
- Enforcing workplace policies
- Ensuring customer satisfaction
- Generating Financial support.

2017 - 2018 Australian Academy Of Beauty Therapist.

- To actively participate in the professional learning process.
- To adhere to the policies of the organization.
- To work closely with the staff and actively participate for learning process.
- Transcends a mere profession' it's a vocation involving skill, empathy, and an unwavering commitment to promoting beauty and wellness.

2014 -2016 Family Day Care

- Early Childhood Educators in carrying out programs that promote physical, cognitive, emotional and social development of children
- Engage children in activities by telling stories, teaching songs, and preparing crafts.
- Prepare snacks and arrange rooms or furniture for lunch and rest periods.
- Assist with proper eating, dressing and toilet habits.
- Submit written observations on children to early childhood educators or supervisors.
- Maintain daycare equipment and assist in housekeeping.
- Attend meetings to discuss progress and problems of children.

Reference:

- Shristi Joshi Shrestha (RN) - 0423678715
- Rachkya Manandher (RN) - 0415314165
- Moa Ah Tune (G.S.O) - 0424649920
- Srijana Neupane (AIN) - 0434969699