

Ujwal Sigdel
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Objective: Compassionate and dedicated Personal Care Assistant with diverse experience in aged care facilities. Eager to utilize a combination of clinical skills, empathy, and knowledge of aged care to provide exceptional care and support to elderly residents.

Education:

- Master of Nursing (In Progress)
- Bachelor of Public Health
- Diploma in General Medicine
- Certificate III in Aged Care
- Certificate IV in Disability Support

Skills:

- Proficient in providing personal care services including bathing, grooming, and toileting
- Skilled in monitoring vital signs and assisting with medication administration
- Ability to communicate effectively with elderly residents, families, and healthcare professionals
- Knowledgeable in implementing care plans and maintaining accurate documentation
- Experience in promoting independence and dignity among residents
- Strong understanding of infection control protocols and safety procedures
- Empathetic and compassionate approach towards elderly care

Experience: Personal Care Assistant, Bolton Clarke Greenview, [Donvale, Victoria], 2022 - 2024

- Provided personal care services to elderly residents including assistance with activities of daily living
- Monitored residents' health status and reported any changes to the nursing team
- Assisted with mobility, transfers, and positioning to ensure residents' comfort and safety
- Built rapport with residents and provided emotional support and companionship
- Collaborated with interdisciplinary team members to develop and implement individualized care plans

Personal Care Assistant, Uniting Home Care Inner West, [Lilyfield, NSW], 2021 - 2022

- Assisted with personal care tasks such as bathing, dressing, and grooming

- Supported residents with mobility aids and devices as needed
- Participated in recreational activities and social outings with residents
- Maintained a clean and organized living environment for residents
- Worked closely with nursing staff to ensure continuity of care and resident well-being

Personal Care Assistant, Mark Moran Little Bay, [Little Bay, NSW], 2020 - 2022

- Provided compassionate care to residents with varying needs and abilities
- Assisted with meal preparation, feeding, and hydration
- Documented resident observations and reported any concerns to the nursing team
- Promoted independence and encouraged residents to engage in self-care activities
- Participated in staff training and professional development activities

Certifications:

- Certificate III in Aged Care
- Certificate IV in Disability Support

References: Available upon request